

Bachelor in Biomedical Laboratory Sciences School School School of Health		
	School of Health	
Academic Year 2020/2021 Year of study 4 Level 1-4 ECTS credits 30.0		
Type Semestral Semester 2 Code 9995-550-4201-00-20		
Workload (hours)  810 Contact hours  T - TP - PL - TC - S - E 580 OT 30 O  T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O -	- Other	

Name(s) of lecturer(s) Josiana Adelaide Vaz, Ana da Conceicao Saraiva e Sousa Tavares, Celso Tome dos Santos Lopes

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- Develop and deepen knowledge and own practices , in the intervention of the Technical practice and Public Health

  Demonstrate technical and scientific capabilities and practical application of knowledge acquired during the theoretical component / practice course
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   Reveal own ethical and deontological attitudes of professions and be receptive to new concepts, ideas and suggestions
   Take an ethical and ethically correct and professional secrecy, essaconducente posture for the necessary social relation to the exercise of the profession
   Contribute to the welfare of the working team that is integrated, as well as to the effective profitability of the work
   Organize the time available in order to plan, implement and evaluate effective and efficient, routine techniques in a laboratory
   Elaborate accurately reports / dossier of all practical activity developed, and research works under the stage
   Identify and use methods, techniques and essential tools for research

## Prerequisites

- Before the course unit the learner is expected to be able to:

  1. Students should have theoretical and practical notions of Histology, Histo and Immunohisto chemistry

  2. Students should have theoretical and practical notions of Cytology

  3. Students should have theoretical and practical notions of Thanatology

  4. Students should have theoretical and practical notions of molecular biology

  5. Students should have theoretical and practical potions of molecular biology

- 5. Students should have theoretical and practical notions of public health

## Course contents

During the internship, students should have contact with the different technical areas, macroscopic registration, tissue processing, tissue inclusion, microtomy, routine staining, cytopathology, freezing cuts, histochemistry, immunohistochemistry, thanatology technique, chemical and microbiological analysis of Waters.

### Course contents (extended version)

- 1. Macroscopic registration confirm recieve and pack the parts as well as record parts
  2. Tissue processing understand the processing order and change the processors
  3. Inclusion of tissues: including in paraffin and guide all types of tissues
  4. Microtomy: handling a microtome and cut paraffin blocks with different processed tissues
  5. Routine staining (Htaining perform, manualy and automatic
  6. Cytological technique: understanding types of samples, fasteners, processing and coloring
  7. Cytopathology technique: View and diagonse gynecologic cytology and non gynecological samples
  8. Frozen tissues and frozen sections include and guide fresh fixation and staining tissues
  9. Additional techniques Diagnoses: histochemistry, immunohistochemistry: manual and automatic
  10. Thanatological technique performing autopsies and dissection of cadavers
  11. Public Health Evaluate the importance of microbiological analysis of water in public health
  12. Public Health Interpret the analytical result of water and food against the Law

# Recommended reading

- 1. Bancroft, J.; Gamble, M. (2002). Theory and Practice of Histological Techniques, 5th edition. London: Churchill Livingstone
  2. Cook D. J. (2006) Cellular Pathology: An Introduction to Techniques and Applications, 2nd ed. UK: Scion Publishing, 2006. ISBN 1-904842-303. Kiernan J. A. (2003) Histological & Histochemical Methods Theory & Practice, 4rd ed. London: Arnold ISBN 978-1-9048424-2-2
  4. Kennedy, Alexander (1977). Basic techniques in diagnostic histopathology. Churchill Livingstone: distributed in the U. S. A. by Longman, Edinburgh [Scot.]; New
  5. Mendes, B., Oliveira, J. F. S. (2004). Qualidade da água para consumo humano. Lisboa: Lidel, edições técnicas, Lda

#### Teaching and learning methods

The Learning Stage develops in public and private laboratories of APTC and Public Health distributed throughout the country in which students visualize and implement the techniques of the different areas under the supervision of a training supervisor for the local and by area (macroscopic registration, histology, cytology, immunohistochemistry, histochemistry, thanatology and public health) .

### Assessment methods

- Continuos evaluation (by the adviser) (Regular, Student Worker) (Final)
   Laboratory Work 80% (Continuous assessment of the internship)
   Reports and Guides 20% (Internship report)

### Language of instruction

Portuguese, with additional English support for foreign students.

# Electronic validation

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Josiana Adelaide Vaz	Antonio Jose Madeira Nogueira	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes	l
25-03-2021	26-03-2021	01-04-2021	01-04-2021	ı