

Course Unit Internship II			Field of study	Health		
Bachelor in	Gerontology			School	School of Health	
Academic Year	2021/2022	Year of study	3	Level	1-3	ECTS credits 30.0
Туре	Semestral	Semester	2	Code	9833-346-3201-00-21	
Workload (hours)	810	Contact hours			C - S -	- Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)

Ana Maria Nunes Português Galvão, Luis Manuel Jacob Jacinto

# Learning outcomes and competences

At the end of the course unit the learner is expected to be able to: To develop the knowledge and skills in operations in gerontological context, the technical aspects, communication, scientific and relational

#### Prerequisites

Before the course unit the learner is expected to be able to: None

### Course contents

Integration into multidisciplinary team; participation in the management functions of the institutions; ACTIVITY for the promotion of active aging; Identification of training needs (Caregivers / elderly), organization and implementation of educational activities.

## Course contents (extended version)

- 1. Multidiciplinar integration into the team
- Collaboration in monitoring and management functions of the institution.
  Participation, planning and implementation of activities, cultural, recreational and occupational
  Identification of training needs in carers / elderly, and implementation of educational activities
- 5. Organizing and participating in seminars gerontological.

# Recommended reading

- Bermejo García, L. (2010). Envejecimiento activo y actividadad socioeducativas con personas mayores. Madrid: Panamericana.
  Fernández-Ballesteros, R. (2000). Gerontología Social. Madrid: Ediciones Pirámide.
  Spirduso, W. W. (2005). Dimensões Físicas do Envelhecimento. São Paulo: Manole.
  Rossel, N. Y., & Herrera, R. R. (2004). Introducción a la psicogerontologia. Madrid: Pirâmide.
  Stuart-Hamilton, I. (2002). Psicología del Envejecimiento. Madrid: Ediciones Morata.

# Teaching and learning methods

Pratice in gerontological context (institutions social soport and health care for the elderly, universities Senior, other).

#### Assessment methods

Final evaluation - (Regular, Student Worker) (Final)
 Practical Work - 60% (Continuous evaluation throughout the stage.)
 Reports and Guides - 40%

#### Language of instruction

## Portuguese

Electronic validation			
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15-11-2021	15-11-2021	15-11-2021	15-11-2021