

Course Unit	Social and Health Politics		Field of study	Political Science and Citizenship	
Bachelor in	Gerontology		School	School of Health	
Academic Year	2023/2024	Year of study	3	Level	1-3
Type	Semestral	Semester	1	ECTS credits	4.0
Workload (hours)			108	Contact hours	
			T	30	TP
			PL	-	TC
			S	-	E
			OT	15	O
			Code		
			9833-346-3105-00-23		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Manuela Nunes Figueiredo Rodrigues Serrano Veloso

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Knowing the social policies of protection for the Elderly in Portugal.
2. Analyze and question on the systems of social support and health of the elderly population (National and international context) and the different types of existing social programs and benefits.
3. Knowing the development of social policy and development of social and health services in situations of dependency.
4. Reflecting on the challenges faced by the gerontology, the prospect of meeting social needs for recovery, Well-Being, Quality of Life and Health Promotion in the Elderly.

### Prerequisites

Before the course unit the learner is expected to be able to:  
None

### Course contents

Models of Public Social Policies; The way the policies of Social Welfare and Development of the Social Security System in Portugal; Social policies of Health in Portugal.

### Course contents (extended version)

1. Models of Public Social Policies
  - Trends and current challenges of social policies in the context of crisis in the "welfare state"
  - "Policy of Aging"
  - Strategies to meet the challenges / problems of aging and dependency
2. The way the policies of Social Welfare and Development of the Social Security System in Portugal
  - Social Action and the new social problems
  - Social Security Contribution to the process of Active Aging
  - Answers and Social Programs
  - Equipment and Social Services for the Elderly
  - Intervention articulated / intersectoral
  - Culture of partenariado and Third Sector
  - Networks of Social Support public, community and family
3. Social policies of Health in Portugal
  - The size of integrated care (Perspective / trends)
  - The issue of Geriatric Care
  - Living and vulnerabilities Aging
  - Prevention of institutionalization
  - The special care of the elderly dependent and integrated responses (RNCCI)
  - Involvement in social Integrated Care and Palliative Care
  - Assistance and social assessment in the process of comprehensive geriatric assessment
  - Social networks to support care, the answer family solidarity and informal

### Recommended reading

1. Paúl, C. (1991). Percursos pela velhice – Uma perspectiva ecológica em Psicogerontologia. Porto: ICBAS – Universidade do Porto.
2. Fernández-Ballesteros, R. (2000). Gerontología Social. Madrid: Ediciones Pirámide.
3. Ribeiro, O. , & Paúl, C. (2011). Manual de envelhecimento ativo. Porto: Lidel.
4. Squire, A. (2005). Saúde e bem-estar para pessoas idosas. fundamentos básicos para a prática. Loures: Lusociência
5. Ministério do Trabalho e da Solidariedade Social (2009)A dependência: o apoio informal, a rede de serviços e equipamentos e os cuidados integrados. Lisboa

### Teaching and learning methods

Presentation and discussion of issues presented in the context of theoretical lesson.

### Assessment methods

1. Continuous evaluation - (Regular, Student Worker) (Final)
  - Presentations - 40%
  - Final Written Exam - 60%
2. Alternative 2 - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100%

### Language of instruction

Portuguese

Electronic validation			
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02-11-2023	05-11-2023	21-11-2023	21-11-2023

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