

Course Unit	Gerontological Law	Field of study	Law	
Bachelor in	Gerontology	School	School of Health	
Academic Year	2025/2026	Year of study	3	
Type	Semestral	Level	1-3	
	Semester	1	ECTS credits	4.0
		Code	9833-346-3101-00-25	
Workload (hours)	108	Contact hours	T 40 TP - PL - TC - S - E - OT 12 O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Sofia Morgado da Fonseca

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Acquire knowledge to the level of creating laws, and there application. Structure and functioning of the Portuguese legal system.
2. Acquire knowledge of labor law. The rights and duties of employees and employees. Types of employment contracts. Forms of termination of employment contracts.
3. Acquire ability to query, analysis and interpretation of the law applicable to the Gerontology, Namely in the Portuguese Civil Code and in the Constitution of the Portuguese Republic.
4. Acquire general knowledge of the action and social protection to the third age and the scope of the rights and duties of the elderly.

Prerequisites

Before the course unit the learner is expected to be able to:

1. Read and interpret texts in Portuguese
2. Have written and verbal expression.

Course contents

The norm. The fundamental rights. General notions of labor law. Action and social protection in old age. Analysis of gerontology legislation.

Course contents (extended version)

1. The creation of laws
 - Democracy
 - The fundamental rights
 - The organs of sovereignty
2. Understanding Labor Law
 - Scope
 - Contract work
 - Sources and contract formation
 - The time and place of work
 - Retribution labor
 - 6 - Disciplinary power
 - Suspension and forms of termination of employment.
 - Disciplinary procedure
3. Action and social protection in old age
 - The labor regime for the social economy
4. The system for accompanied elderly people

Recommended reading

1. Lei constitucional n. º 1/2005 de 12 de agosto, Constituição da Republica Portuguesa.
2. Lei 7/2009 de 12 de fevereiro, Código do trabalho.
3. Decreto-Lei 47344/66 de 25 de novembro, Código civil.
4. Lei 4/2007 de 16 de janeiro, Lei de bases da Segurança social.
5. Lei n. º 49/2018 de 14 de agosto, Regime de maior acompanhado.

Teaching and learning methods

Oral transmission type expository, supported by documentary and audiovisual resources; Promotion of debate, based on the way to work teaching using media as necessary; High Touch/ High Concept Communication Training; Individual and group work with presenting and awsering the questions.

Assessment methods

1. Continuous evaluation - (Regular, Student Worker) (Final)
 - Intermediate Written Test - 40%
 - Intermediate Written Test - 40%
 - Work Discussion - 20% (Questions asked in the classroom context.)
2. Written Examination - (Regular, Student Worker) (Final, Supplementary, Special)
 - Final Written Exam - 100%

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Ana Sofia Morgado da Fonseca	Ana Maria Nunes Português Galvão	Maria Augusta Romão da Veiga Branco	Olívia Rodrigues Pereira
02-02-2026	02-02-2026	04-02-2026	07-02-2026