

Course Unit	Pedagogy	Field of study	Educational Sciences																
Bachelor in	Gerontology	School	School of Health																
Academic Year	2023/2024	Year of study	2																
Type	Semestral	Semester	1																
Level	1-2	ECTS credits	2.0																
Code	9833-346-2104-00-23																		
Workload (hours)	54	Contact hours	<table border="1"> <tr> <td>T</td> <td>10</td> <td>TP</td> <td>-</td> <td>PL</td> <td>-</td> <td>TC</td> <td>-</td> <td>S</td> <td>4</td> <td>E</td> <td>-</td> <td>OT</td> <td>7</td> <td>O</td> <td>-</td> </tr> </table>	T	10	TP	-	PL	-	TC	-	S	4	E	-	OT	7	O	-
T	10	TP	-	PL	-	TC	-	S	4	E	-	OT	7	O	-				

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Celeste da Cruz Meirinho Antão

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Know the concepts related to the Teaching/Learning Process
2. Reflect perspectives and approaches of the various theories of learning and their application in different contexts.
3. Recognize the importance of teaching and learning strategies in the different contexts of professional practice
4. Recognize the importance of lifelong training
5. Learning to plan, operationalize and evaluate a Training Action in Andragogy and Gerontology.
6. Learn how to write an internship report
7. Understanding health education as a health promotion tool

#### Prerequisites

Before the course unit the learner is expected to be able to:  
non

#### Course contents

1- Teaching/Learning Process – Concepts 2- Learning Theories 3- Teaching/Learning and Development in Andragogy and Gerontology 4. - The Educational Relationship 5- Education/Continuing Training 6-Elaboration of a scientific document/report

#### Course contents (extended version)

1. Teaching/Learning Process – Concepts
  - Education as continuous development
  - Pedagogy, Andragogy and Gerontology
2. Theories/Pedagogical Currents
  - behaviorist (Pavlov, Skinner)
  - Cognitivist (Piaget, Bruner)
  - Humanist (Roger, Maslow)
3. Teaching/Learning and Development in Andragogy and Gerontology
  - Objectives, purposes, contents and contexts
4. The Educational Relationship
  - Proximity, listening, affective, reflective, and learning facilitator
5. Education/Continuing Training
  - The Trainer: Profile and Skills
  - Andragogy and Gerontology Methods and Techniques
  - The Training Session
  - The Assessment: Types, Techniques and Instruments
6. Elaboration of a scientific document/report
  - Contents structure

#### Recommended reading

1. DGE (2014). Programa de Apoio à Promoção e Educação para a Saúde. Lisboa.
2. Tavares, J. & Alarcão, I. (2007). Manual de psicologia do desenvolvimento e aprendizagem . Porto Editora
3. . Mão-de-Ferro A. (1999). Na Rota da Pedagogia. Lisboa. Colibri. ISBN: 972-772-069-2.
4. A. G. H. E. (2014). Gerontology Competencies for Undergraduate & Graduate Education, em: <https://nexusipe.org/informing/resource-center/gerontology-competencies-undergraduate-and-graduate-education>

#### Teaching and learning methods

Teaching strategies are based on expository and active methodologies through reflection and analysis of different documents in the classroom class or through the hours dedicated to autonomous work, making the student responsible for their learning process.

#### Assessment methods

- To make a health education project - (Regular, Student Worker) (Final, Supplementary, Special)
- Projects - 100% (Design and elaboration)
- Final Written Exam - 100% (Recourse exam and special season)

#### Language of instruction

Portuguese

#### Electronic validation

Celeste da Cruz Meirinho Antão	Hélder Jaime Fernandes	Ana Maria Nunes Português Galvão	Adília Maria Pires da Silva Fernandes
11-01-2024	12-01-2024	12-01-2024	13-01-2024