

Course Unit	Ethics and Professional Psychology		Field of study	Health Sciences	
Bachelor in	Physiotherapy		School	School of Health	
Academic Year	2023/2024	Year of study	2	Level	1-2
Type	Semestral	Semester	1	ECTS credits	4.0
Workload (hours)		108	Contact hours	T 15   TP 30   PL -   TC -   S -   E -   OT 20   O -	
Code 9504-770-2103-00-23					

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Diana Filipa Salvador Bernardo

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:  
Act in accordance with the fundamental principles of ethics and bioethics in the clinical practice of physiotherapy.

### Prerequisites

Before the course unit the learner is expected to be able to:  
To recognize the existence of moral concepts

### Course contents

The relationship between ethics and the health professions and the life sciences  
Fundamental principles of ethics and bioethics  
Human procedures in society based on moral and ethical concepts, health issues and human life, in the various aspects of health (practice and research)  
Ethical and deontological concepts of the profession to all the therapeutic strategies presented, recognizing the applicability of the standards of practice in physiotherapy: autonomy, privacy, confidentiality and research.

### Course contents (extended version)

- Concepts of Law, Morals and Ethics as organizers of human behavior in society.
  - Bioethics in context.
  - Fundamental concepts and principles of bioethics. Universal Declaration of Human Rights.
  - Ethical and deontological implications of the organization of the physiotherapy profession.
  - Personal communication and therapeutic relationships in physiotherapy privacy and confidentiality
  - APF practice standards, as a document to legally support physiotherapists' actions.

### Recommended reading

1. Associação Portuguesa de Fisioterapeutas. (2005). Padrões de Prática: Fisioterapia (3ª ed.). S. Domingos de Rana: Associação Portuguesa de Fisioterapeutas.
2. Beauchamp, T. L., & Childress, J. F. (2009). Principles of biomedical ethics (6ª ed.). New York : Oxford University Press.
3. Domingues, B. (2001). Bioética: questões disputadas. Porto: [s.n.].
4. Serrão, D. (2006). Investigação em saúde: reflexões avulsas. [s.n.].

### Teaching and learning methods

### Assessment methods

1. Continuous assessment - (Regular, Student Worker) (Final)
  - Final Written Exam - 70% (Written test)
  - Presentations - 30% (Presentation of a paper on ethical reasoning in physiotherapy)
2. Final Assessment - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100% (Final exam with all the material taught)

### Language of instruction

1. Portuguese
2. English

### Electronic validation

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12-12-2023	09-01-2024	09-01-2024	10-01-2024