INSTITUTO POLITÉCNICO DE BRAGANÇA

Course Unit	Internship in Professional Life Integration			Field of study	Nursing								
Bachelor in	Nursing			School	School of Health								
Academic Year	2021/2022	Year of study	4	Level	1-4	ECTS credits	30.0						
Type	Semestral	Semester	2	Code	9501-699-4201-00-21								
Workload (hours)	810	Contact hours	T -	TP -	PL -	TC -	S 30	E 500	OT -	O -			

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)	Ana Fernanda Ribeiro Azevedo, Andre Filipe Morais Pinto Novo, Carlos Pires Magalhães, Celeste da Cruz Meirinho Antão, Eugénia Maria Garcia Jorge Anes, Hélder Jaime Fernandes, Leonel São Romão Preto, Manuel Alberto Morais Brás, Maria Eugénia Rodrigues Mendes, Maria Helena Pimentel, Maria José Almendra Rodrigues Gomes, Matilde Delmina da Silva Martins

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Participate in the health team, in the process of care to the person, family and community, demonstrating interpersonal domain skills and a professional ethical-legal practice.
2. Practice nursing in hospitals and primary health care and in the community demonstrating competencies in areas: provision and management of care.
3. Demonstrate skills and knowledge in relation to the Organization and techniques of management of health services in a health care unit.
4. Promote a safe environment, focusing on the intervention in the complex interdependence person-environment knowing with his acuity field, using strategies that ensure the quality and risk management.
5. Demonstrate knowledge of the principles of the profession in the process of care to the person, family and community, taking into account the various levels of nursing care prevention.
6. Demonstrate critical / reflective and innovative abilities in solving problems, using research in order to improve the quality of care to the client / family and community.

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable.

Course contents

Skills and knowledge acquired in the development of the curriculum of the course units.

Course contents (extended version)

1. Interpersonal skills: professional ethics and legal practice.
   - Teamwork encouraging a climate of cooperation, promoting positive interpersonal relations.
   - Respects and guarantees the right to privacy and the intimacy of the wearer.
   - Respeita e garante o direito à confidencialidade, sigilo e a segurança da informação escrita e oral
   - Acts in respect of the values, customs and beliefs of the wearer.
   - Establishes the help relationship: relates family, with a view to the therapeutic relationship.
   - In line with its communication, taking into account the context and the impact itself and the other.
   - You understand and accept responsibility for your actions and responds
   - Get help when you can't tackle the problems that identifies
   - Respect team guidelines and the teacher responsible
2. Interpersonal skills: development of professional practice
   - Scientifically justified their attitudes and behaviors to the team about the practice of care.
   - Demonstrates hability to manage information
   - ontribui actively and creatively to enhance your learning and peer group
   - In line with its communication, taking into account the context and the impact itself and the other;
   - Demonstrates initiative and interest in the development of knowledge of you.
   - Mobilizes, knowledge acquired in the course, the reflections undertaken
   - Ensures the attendance
   - Ensures the punctuality
3. Nursing care to the person and family
   - Assesses the wearer globally unique
   - Performs data collection, analyzes and interprets information
   - Care plans according to the needs identified
   - Acts in situations of risk or emergency
   - Promotes and meets the fundamental human needs, according to the planning
   - Evaluates care and modifies them if necessary
   - Registers communication in a systematic and adequate way also using the informatic resources
   - Promotes a safe environment, using quality assurance strategies and risk management
   - Develops the skills and attitudes that family user help in making appropriate decisions
4. Care: application of assética technique and respects the principles.
   - Prepares and administers medications keeping watching in their effects
   - Collaborates or performs crops to diagnostic procedures
   - Collaborates and performs treatments (wounds, immobilization, traction and other)
   - Collaborates and performs' maskuriko catheterizations, intubations and other nursing techniques
5. Management of human resources and materials
   - Collaborates in the management of human resources and justifies the distribution of users
   - Participates in the management of material resources of non-clinical and clinical use
   - Adequates resources to the identified needs
6. Applies evidence-based practice /research methods
   - Reflects on care practice and uses reflection in his/her own and professional development

Recommended reading

1. Conselho Internacional de Enfermeiros (2006). Classificação Internacional para a Prática de Enfermagem. CIPE® Versão 1. 0. Lisboa: Ordem dos Enfermeiros.
2. Poilt, D. F; Beck, C. T. (2011). Fundamentos de pesquisa em Enfermagem: avaliação de evidencias para a prática da Enfermagem. (7ed.), Porto Alegre: Artmed.
3. Decreto-Lei n. 71/2019, de 27 de maio. Diário da República nº-184 /09-I Série A. Ministério da Saúde. Lisboa. Disponivel em: https://dre.pt/dre/detalhe/decreto-lei/71-2019-122403266
4. Ordem dos Enfermeiros (2015). Regulamento n. º 190/2015 Regulamento do Perfil de Competências do Enfermeiro de Cuidados Gerais Diário da República, 2ª série — N. º 79 — 23 de abril de 2015.

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Teaching and learning methods

The clinical practice of nursing must be anchored on the following strategies: Demonstration of capability critical / reflective and innovation; professional judgment, relationship help, therapeutic communication, critical thinking and teamwork. seminars

Assessment methods

- Unique alternative - (Regular) (Final)
  - Practical Work - 60%
  - Reports and Guides - 30% (Fiinish report of internship. Cannot be assessed by examining. Applicable minimum grade.)
  - Presentations - 10% (Research Component. Cannot be assessed by examining. Applicable minimum grade.)

Language of instruction

Portuguese

Electronic validation

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22-06-2022	22-06-2022	22-06-2022	24-06-2022

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