

Course Unit	Clinical Training III - Community and Family Health Nursing		Field of study	Nursing	
Bachelor in	Nursing		School	School of Health	
Academic Year	2021/2022	Year of study	4	Level	1-4
Type	Semestral	Semester	1	ECTS credits	15.0
Code	9501-699-4101-00-21				
Workload (hours)	405	Contact hours	T -	TP -	PL -
			TC -	S -	E -
			OT -	O -	265

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Eugénia Maria Garcia Jorge Anes, Manuel Alberto Morais Brás

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Interpersonal skills: knowing / being, individual, relational social skills, teamwork and moral and ethical commitment, facilitating processes interact socially and cooperation.
2. Instrumental abilities: integrate the cognitive and methodological capabilities, technological dexterity and written communication skills.
3. Skills systemic-related skills and abilities of the individual, involve self-critical sense, receptivity to criticism and responsibility for learning.

### Prerequisites

Before the course unit the learner is expected to be able to:  
None

### Course contents

To provide nursing care, applying nursing process methods according to each intervention area and to several health prevention levels. To implement education for health, in accordance with the main needs or identified health problems. To use information systems (namely CIPE/ICNP). To participate in health care units' management, in order to improve health care provision.

### Course contents (extended version)

1. Application of knowledge and skills acquired in the development of uc of the course.
2. Integration into health team
  - Establishes work relationship with the team
  - Develops professional attitudes facing the wearer, family and health team
  - Shows responsibility and opening at work
  - Fulfills standards and performance criteria
  - Participates in service activities
3. Establishes communication in an assertive way
  - Establishes communication according to the characteristics of the wearer, community and work team
  - Establishes aid relationship with the wearer
  - Communicate orally with the team about the situation of health/disease of wearer
  - Registers information on all platforms
4. Knows health care organization
  - Integrates work methodology of the team
  - Participates in human and material resources management
5. Provides health care to the wearer according to scientific methodology
  - Performs data collection, analyzes and interprets information
  - Planning according to the identified needs
  - Provides health care in accordance with planned
  - Evaluates care and modifies them if necessary
  - Takes into account the evidence-based practice
6. Integrates scientific knowledges into professional practice
  - Justifies procedures based on scientific knowledges
  - Demonstrates ability to manage information
  - Adequates resources to the identified needs
  - Reflects on practice, contributing to the personal and professional development.
7. Develops professional attitudes facing the wearer and team
  - Shows ethical and deontological attitudes
  - Respects professional secrecy

### Recommended reading

1. Stanhope, M. & Lancaster, J. (2011). Enfermagem de Saúde Pública: cuidados de saúde na comunidade centrados na população. 7ª Ed. Loures: Lusididata.
2. Redman, B. K. (2003). A prática da educação para a saúde. 9ª. Ed. Loures: Lusociência.
3. Figueiredo, M. H. (2012). Modelo Dinâmico de Avaliação e intervenção familiar: uma abordagem colaborativa em enfermagem de família. Lures: Lusociência
4. Hanson, S. (2005) Enfermagem de cuidados de saúde à família: teoria, prática e investigação. 2ª ed. Loures: Lusociência.
5. Potter, P. & Perry, A. (2006). Fundamentos de enfermagem. 5ª. Ed. Loures: Lusociência.

### Teaching and learning methods

Practical teaching in Primary Health Care Units

### Assessment methods

- Alternative 1 - (Regular, Student Worker) (Final)
  - Practical Work - 60% (Evaluation of performance.)
  - Case Studies - 35% (Preparation of a work within the CSP, suggested by the teaching staff of the training.)
  - Development Topics - 5% (Health Education / Training Service With oral presentation and discussion.)

### Language of instruction

Portuguese

## Electronic validation

Eugénia Maria Garcia Jorge Anes	Ana Fernanda Ribeiro Azevedo	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
10-03-2022	14-03-2022	14-03-2022	14-03-2022