

Course Unit	Clinical Training II - Optional - Residential Structures for the Elderly			Field of study	Nursing		
Bachelor in	Nursing			School	School of Health		
Academic Year	2022/2023	Year of study	3	Level	1-3	ECTS credits	6.0
Type	Semestral	Semester	2	Code	9501-699-3205-04-22		
Workload (hours)	162	Contact hours	T - TP - PL - TC - S - E - OT - O 106				

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Helena Pimentel

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Acquire knowledges related to professional achievement in the perspectives of: caring, educational, research and management;
2. Be responsible based on scientific evidence, for the provision nursing care according to scientific, human and ethical principles (autonomous function);
3. Practice nursing care according to prescriptions of others and so participate in the interdisciplinary therapeutic process (interdependent function);
4. Collaborate in the planning and management of nursing care and other developed by other professionals, as well as in the management of material resources;
5. Plan, implement, evaluate continuing education activities and/or education for health in order to enable the elderly/family in health strategies end/or recovery from disease processes;
6. Participate in research projects aiming the continuous development of the profession

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable

Course contents

Help relationship with the old person/family; Development of nursing process; compliance with prescriptions; interdisciplinarity of care; Identification of risk situations; maintenance of a safe therapeutic environment; care management; nursing registries; professional secrecy; continuous formation/health education; nursing research

Course contents (extended version)

1. Establishes help relationship with the old person/family
2. Applies nursing process to the elderly, aiming the improvement of his/her well-being
 - by promoting of self-care
 - delaying of dependency
 - enhancing residual capacity
 - Observing professional secrecy
3. Meets prescriptions of others and integrates interdisciplinary care
 - Observes and analyses prescriptions
 - Prepares, administers, records and observes effects of medication using the rule of the six rights
 - Uses aseptic technique
4. Identifies potential risk situations, implements care aiming the prevention/solution of the problems
5. Promotes and maintains a safe and therapeutic environment
6. Collaborates in management:
 - of nursing care
 - of others provided by other professionals
 - of material resources
7. Nursing registries
 - which reflect nursing practices and health outcomes sensitive to nursing care
8. Diagnoses, plans, implements and evaluates training activities and / or health education
9. Integrates research projects aiming professional development and improvement of users

Recommended reading

1. Instituto da Segurança Social, I. P (2014). Guia Prático – Rede Nacional de Cuidados Continuados Integrados. Lisboa, ISS. IP.
2. Ordem dos Enfermeiros (2014). PARECER N.º 108 / 2014 Intervenções dos enfermeiros Estruturas residenciais para idosos. http://www.ordemenfermeiros.pt/documentos/Documents/CE_Parecer_108_10_03_2014
3. Ordem dos Enfermeiros (2015). Regulamento n.º 190/2015. Regulamento do Perfil de Competências do Enfermeiro de Cuidados Gerais. Diário da República, 2.ª série — N.º 79 de 23 de abril.
4. Sociedad española de Enfermería Geriátrica Y Gerontológica (2002). Competencias de la Enfermera en las Residencias de Ancianos. <http://www.seegg.es/index.php/documentos-tecnicos/doc-tec-n-1>.

Teaching and learning methods

This Clinical Teaching should preferably take place in services/units with training idoneity certified by the Ordem dos Enfermeiros (Portuguese Nurses Order). The clinical supervision is ensured by Specialist Nurses/Nurses of the contexts and these should preferably have the added competence in clinical supervision awarded by the Ordem dos Enfermeiros (Portuguese Nurses Order).

Assessment methods

- Continuous assessment - (Regular, Student Worker) (Final)
 - Practical Work - 80% (Student's daily practice)
 - Development Topics - 20% (work group on a theme proposed by the teacher)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

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01-06-2023	01-06-2023	02-06-2023	03-06-2023