

Course Unit	Clinical Training II - Infant and Pediatrics Nursing		Field of study	Nursing	
Bachelor in	Nursing		School	School of Health	
Academic Year	2021/2022	Year of study	3	Level	1-3
Type	Semestral	Semester	2	Code	9501-699-3204-00-21
Workload (hours)	162	Contact hours	T -	TP -	PL -
			TC -	S -	E -
			OT -	O	106

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Helena Pimentel, Celeste da Cruz Meirinho Antão, Raquel da Conceicao Cerqueira Beca

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Participate in the health team, in the process of child and family-centred care, demonstrating the interpersonal domain skills and a professional legal ethical practice.
2. Contributes to the development of nursing practice by promoting practices, values of the profession by adopting correct attitude and stance and assertive communication.
3. Conceiving nursing care focused on child and family with medical, surgical and emergency situations emergency demonstrating skills and management: provision of instrumental care.
4. Recognize the major emotional changes expressed by the child and family in front of the hospitalization, illness and death situation, implementing appropriate strategies.
5. Promote a safe environment, focusing on the intervention in the complex interdependence child environment using quality assurance strategies and risk management.
6. Collaborate in the identification of birth defects or disorders that may change or compromise the adaptation to extra uterine life.
7. Demonstrate analytical skills critico-reflective of your learning process and by conducting a case study on a child hospitalized in Pediatrics.

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable.

Course contents

Perspectives of Pediatric nursing care; Papel of the nurse. Basic human needs in Pediatrics; Concepts of development and growth; Preventive measures related to accidents; Vaccination. Newborn's adaptation to extra-uterine life. Neonatology. Nursing care to the child with medical diseases and surgical diseases. Nursing care in pediatric emergencies. Technical procedures in pediatrics.

Course contents (extended version)

1. Interpersonal skills: professional ethics and legal practice
2. Interpersonal skills: professional practice
3. Instrumental skills: nursing care
4. Instrumental skills: management of nursing
5. Instrumental: communication skills in providing care

Recommended reading

1. . Bowden, V. R. & Greenberg, C. S. (2005). Procedimentos de enfermagem pediátrica. Rio de Janeiro: Editora Guanabara Koogan S. A
2. Carvalho, E. S. & Carvalho, W. B. (1996). Terapêutica e prática pediátrica. S. Paulo: Editora Atheneu.
3. D. G. S. (2013). Programa Nacional Saúde infantil e juvenil. Lisboa: DGS. Disponível em: http://www.dgs.pt/upload/membro_id/ficheiros/i008188.pdf
4. Hockenberry, M. , J. & Winkelstein, W. (2006). Wong Fundamentos de enfermagem pediátrica. (7ª-ed.) , Rio de Janeiro: Elsevier
5. Moleiro , A. ; Pereira, A. ; Silva, A. ; Almeida, A. ; Portela, A. & Freitas, A. (2004). Consensos Nacionais em Neonatologia. Coimbra: Seção de Neonatologia, Sociedade Portuguesa de Pediatria.

Teaching and learning methods

The clinical practice of nursing must be anchored on the following strategies: critical reflection about your learning process: regular review of professional judgment, mobilization, knowledge acquired in the course, for practice and discussion of clinical cases. Demonstration of techniques; Work as a team. Development of the therapeutic relationship communication techniques.

Assessment methods

- Evaluation proceeds from clinical practice - (Regular, Student Worker) (Final)
 - Experimental Work - 80% (Proceeds from clinical practice)
 - Development Topics - 20% (Research Work)

Language of instruction

Portuguese

Electronic validation

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17-03-2022	19-03-2022	22-03-2022	22-03-2022