

Course Unit	Clinical Training II - Nursing in Primary Maternal and Child Health Care		Field of study	Nursing	
Bachelor in	Nursing		School	School of Health	
Academic Year	2022/2023	Year of study	3	Level	1-3
Type	Semestral	Semester	2	ECTS credits	6.0
			Code	9501-699-3201-00-22	
Workload (hours)	162	Contact hours	T -	TP -	PL -
			TC -	S -	E -
			OT -	O	106

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Manuel Alberto Morais Brás, Celeste da Cruz Meirinho Antão

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Developing skills and relational and systemic instruments for the provision of care to pregnant women, children and young
2. Identify, plan, develop and evaluate nursing care to the pregnant woman/couple in surveillance consults during pregnancy
3. Develop nursing consults of family planning according to the guidelines of General Direction of Health
4. Provide nursing care to children and adolescents in order to promote proper growth and development, in keeping with the guidelines of the National health programme for children and young people
5. Promote nursing care to the child and his family

#### Prerequisites

Before the course unit the learner is expected to be able to:  
Non

#### Course contents

Fundamentals and technical, scientific and relational principles to the practice of nursing infant and child health, maternal health and obstetrics and gynaecology.

#### Course contents (extended version)

1. Cognitive, instrumental and relational skills
2. The nursing consultation to the woman, pregnant and who has recently given birth
  - Autonomous and interdependent nursing interventions
3. The nursing consultation to child and youth according to the psicomotor development
  - Autonomous and interdependent nursing interventions
4. Legislation and programs directed to women, young child, pregnant and who has recently given birth

#### Recommended reading

1. DGS (2015). Programa Nacional de Saúde Reprodutiva: saúde sexual e reprodutiva, disponível em <http://www.saudereprodutiva.dgs.pt/home.aspx>
2. DGS (2012). Saúde infantil e Juvenil - Programa Nacional disponível em <https://www.dgs.pt/?cr=22610>
3. Hockenberry, M. J. ; Winkelstein, W. (2011). Wong Fundamentos de enfermagem pediátrica. Rio de janeiro: Elsevier
4. DGS (2022). Programa Nacional de Vacinação disponível em <https://www.ordemenfermeiros.pt/media/20070/pnv-2020-set-2020.pdf>
5. DGS (2015) Programa Nacional para a vigilância de Gravidez de Baixo Risco disponível em <https://www.dgs.pt/em-destaque/programa-nacional-para-a-vigilancia-da-gravidez-de-baixo-risco-pdf11.aspx>

#### Teaching and learning methods

Tutorial guidance of students.

This Clinical Teaching should take place, preferably, in services/units with training suitability certified by the Order of Nurses. Clinical supervision is ensured by Nurses/Nurses Specialists of the contexts and these should preferably have the increased competence in clinical supervision attributed by the Order of Nurses.

#### Assessment methods

- continuous evaluation - (Regular, Student Worker) (Final)

#### Language of instruction

Portuguese

#### Electronic validation

Manuel Alberto Morais Brás	Andre Filipe Morais Pinto Novo	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
05-05-2023	05-05-2023	08-05-2023	08-05-2023