

Course Unit	Oncology Nursing and Palliative Care		Field of study	Nursing	
Bachelor in	Nursing		School	School of Health	
Academic Year	2021/2022	Year of study	2	Level	1-2
Type	Semestral	Semester	1	ECTS credits	5.0
Code	9501-699-2105-00-21				
Workload (hours)	135	Contact hours	T -	TP 60	PL -
			TC -	S -	E -
			OT -	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. - Identify, understand and explain the focus of attention associated with the various stages of evolution of the clinical oncological condition
2. Acquiring knowledge about the end-of-life phase and its stakeholders
3. - To understand, discuss and intervene in the therapeutic actions instituted to control and prevent pathophysiological changes related to the different oncological conditions
4. Understand, explain and identify the actions to be implemented to control and prevent the changes produced in the person related to the end of life condition.
5. -Define and implement an individual plan of assistance to the patient, transversal to the various focuses of attention resulting from the changes and disabilities

### Prerequisites

Before the course unit the learner is expected to be able to:  
It doesn't have

### Course contents

Nursing care in an holistic perspective directed to the prevention and resolution of middle and high risk problems related to the therapeutical act and to the ones related to oncological; Nursing Interventions to the Patient at the end of life target of Palliative Care: therapeutic specificities, needs assessment and interdisciplinary intervention.

### Course contents (extended version)

1. Characterization of the carcinogenic process
  - Historical Background
  - Mechanisms of cell indifferenciation
  - Etiological aspects
  - Tumoral Classification
2. The Nurse and Prevention in Oncology
  - Primary Prevention
  - Secondary Prevention
  - Tertiary Prevention
3. The Nurse and the complementary means of diagnosis and therapeutics in Oncology
  - Nurse performance during interview and physical examination
  - Laboratory tests
  - Imaging examinations: preparation
4. The Nurse and the Most Common Oncology Treatments
  - Attitude of the Nurse before the patient undergoing radiotherapy
  - Actions to be developed by the Nurse to the patient in treatments of Chemotherapy
  - The nurse and the patient undergoing surgical treatment
  - Nurse's Attitude in Bone Marrow Transplantation
5. The Oncologic Patient in Palliative Care
  - Reference criteria
  - Principles and Values of Palliative Care
  - Specificities of treatments in the final stage of life
6. The Nurse before the Cancer Patient at End of Life
  - The Nurse before the Patient with Pain
  - Nurses' attitude towards the most frequent disturbances in the terminally ill patient
  - Symptomatic monitoring of patients
  - The nurse faced with the imminence of death and the control of signs / symptoms
7. Psychosocial aspects of Oncologic Disease in Palliative Care
  - Broadcasting bad news
  - Nurse performance in specific situations: the patient in denial and in the conspiracy of silence
  - Social consequences of the disease for the family
  - Social consequences of the disease in the community
  - The role of the nurse in the intervention of the interdisciplinary team in palliative care

### Recommended reading

1. Phipps, W. J. , Sands, J. K. , & Marek, J. F. (2010). Enfermagem Médico-Cirúrgica: Perspectivas de Saúde e Doença (8ª. ed). Loures : Lusodidacta.
2. Barbosa, A. , & Neto, I. G. (2010). Manual de Cuidados Paliativos (2ª ed. ). Lisboa: Faculdade de Medicina da Universidade de Lisboa.
3. Watson, M. , Lucas, C. , Hoy, A. , & Back, I. (2005). Oxford handbook of Palliative Care. Oxford: Oxford University press.
4. Gonçalves, J. F. (2011). Controlo de Sintomas no Cancro Avançado (2ª ed. ). Ed. Coisas de Ler.
5. Cerqueira, M. M. (2015). Pessoa em fim de vida e família: o processo de cuidados no sofrimento. Novas Edições Acadêmicas.

### Teaching and learning methods

The development of curricular contents is done through interactive theoretical/practical classes with the help of audiovisual media, demonstration, discussion of problematic situations and seminars.

### Assessment methods

1. Exam - (Regular, Student Worker) (Final)
  - Final Written Exam - 70% (Individual Written evaluation)

**Assessment methods**

- Development Topics - 30% (Intermediate written test)
- 2. Exam - (Regular, Student Worker) (Final, Supplementary, Special)
- Final Written Exam - 100% (Individual Written evaluation)

**Language of instruction**

Portuguese

**Electronic validation**

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27-02-2022	02-03-2022	11-03-2022	11-03-2022