Course Unit	Clinical Training II - Optional - Residential Structures for the Elderly			Field of study	Nursing		
Bachelor in	Nursing			School	School of Health		
Academic Year	2021/2022	Year of study	3	Level	1-3	ECTS credits	6.0
Type	Semestral	Semester	2	Code	9500-698-3205-04-21		

Workload (hours)	162	Contact hours	T	TP	PL	TC	S	E	OT	O
			-	-	-	-	-	-	-	106

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s): Maria Helena Pimentel

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Acquire knowledges related to professional achievement in the perspectives of: caring, educational, research and management;
2. Be responsible based on scientific evidence, for the provision nursing care according to scientific, human and ethical principles (autonomous function);
3. Practice nursing care according to prescriptions of others and so participate in the interdisciplinair therapeutic process (interdependent function)
4. Collaborate in the planning and management of nursing care and other developed by other professionals, as well as in the management of material resources;
5. Plan , implement, evaluate continuing education activities and/or education for health in order to enable the elderly/family in health strategies end/or recovery from disease processes;
6. Participate in research projects aiming the continuous development of the profession

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable

Course contents

Help relationship with the old person/family; Development of nursing process; compliance with prescriptions; interdisciplinarity of care; Identification of risk situations; maintenance of a safe therapeutic environment; care management; nursing registries; professional secrecy; continuous formation/health education; nursing research

Course contents (extended version)

1. Establishes help relationship with the old person/family
2. Applies nursing process to the elderly, aiming the improvement of his/her well-being
   - by promoting of self-care
   - delaying of dependency
   - enhancing residual capacity
   - Observing professional secrecy
3. Meets prescriptions of others and integrates interdisciplinary care
   - Observes and analyses prescriptions
   - Prepares, administers, records and observes effects of medication using the rule of the six rights
   - Uses aseptic technique
4. Identifies potential risk situations, implements care aiming the prevention/solution of the problems
5. Promotes and maintains a safe and therapeutic environment
6. Collaborates in management:
   - of nursing care
   - of others provided by other professionals
   - of material resources
7. Nursing registries
   - which reflect nursing practices and health outcomes sensitive to nursing care
8. Diagnoses, plans, implements and evaluates training activities and / or health education
9. Integrates research projects aiming professional development and improvement of users

Recommended reading

1. Instituto da Segurança Social, I. P (2014). Guia Prático – Rede Nacional de Cuidados Continuados Integrados. Lisboa, ISS. IP.
2. Ordem dos Enfermeiros (2014). PARECER N. º 108 / 2014 Intervenções dos enfermeiros Estruturas residenciais para idosos. http: //www. ordemenfermeiros. pt/documentos/Documents/CE_Parecer_108_10_03_2014
3. Ordem dos Enfermeiros (2015). Regulamento n. º 190/2015. Regulamento do Perfil de Competências do Enfermeiro de Cuidados Gerais. Diário da República, 2. ª série — N. º 79 de 23 de abril.
4. Sociedad española de Enfermería Geriátrica Y Gerontológica (2002). Competencias de la Enfermera en las Residencias de Ancianos. http: //www. seegg. es/index. php/documentos-tecnicos/doc-tec-n-1.

Teaching and learning methods

Each student will be supervised by a teacher and accompanied by an advisor from the context where the internship takes place. The methods to be used are consistent with the work to undertaken and the progress of each student.

Assessment methods

- Continuous assessment - (Regular, Student Worker) (Final)
  - Practical Work - 80% (Student's daily practice)
  - Development Topics - 20% (work group on a theme proposed by the teacher)

Language of instruction

Portuguese, with additional English support for foreign students.

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Electronic validation

Maria Helena Pimentel	Ana Fernanda Ribeiro Azevedo	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
15-03-2022	16-03-2022	16-03-2022	16-03-2022

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