Course Unit	Clinical Training II - Optional - Long Term Care			Field of study	Nursing										
Bachelor in	Nursing			School	School of Health										
Academic Year	2022/2023	Year of study	3	Level	1-3	ECTS credits	6.0								
Type	Semestral	Semester	2	Code	9500-698-3205-01-22										
Workload (hours)	162	Contact hours	T -	TP -	PL -	TC -	S -	E -	OT -	O 106					

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s): Maria Helena Pimentel

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Assess comprehensively the dependent person needs
2. Define functionality and autonomy goals involving the family in the decision-making;
3. Provide humanized and individualized nursing care to the person in a situation of dependency;
4. Cooperate in promoting the continued recovery or maintenance of functionality and autonomy;
5. Contribute to family caregiver enabling in order to establish the continuity of care when returning home and to prevent negative effects of caregiving.

Prerequisites

Before the course unit the learner is expected to be able to:
Not aplicable

Course contents

Help relationship; nursing process; identification of potential risk situations; safe therapeutic environment; quality of care; support to families; nursing records; professional secrecy; ethics in care delivery.

Course contents (extended version)

1. Establishes help relationship with the person in a situation of dependency and his/her family;
2. Applies nursing process to the person, aiming the improvement of well-being/ promotion of self-care;
   - Makes nursing diagnoses;
   - Plans interventions according to diagnoses;
   - Implements the planned interventions
   - Evaluates the results of implemented interventions
3. Identifies potential risk situations;
   - proposes and implements care aiming the prevention / solution of the encountered problems;
4. Promotes and maintains a safe and therapeutic environment;
5. Intervenes in order to create the conditions to maintain the person in his/her environment;
   - ensuring the provision of care with quality and safety;
6. Ensures support to enable families to integrate the patient's within them;
7. Contributes to the existence of information
   - nursing registries reflecting practices/health outcomes sensitive to those care

Recommended reading

1. Instituto da Segurança Social, I. P (2014). Guia Prático – Rede Nacional de Cuidados Continuados Integrados. Lisboa, ISS. IP.
2. OE (2009). RNCCI: Referencial do Enfermeiro. http: //www. ordemenfermeiros. pt/documentosoficiais/Documents/RNCCI%20-%20v. FINAL%20Referencial%20do%20Enfermeiro%20-%20Abril%202009. pdf
3. Ordem dos Enfermeiros (2015). Regulamento n. º 190/2015. Regulamento do Perfil de Competências do Enfermeiro de Cuidados Gerais. Diário da República, 2. ª série — N. º 79 de 23 de abril.
4. Portugal, Decreto-Lei n. º 101/2006 de 6 de Junho de 2006. Criação da Rede Nacional de Cuidados Continuados Integrados. Diário da República I série -A, nº 109

Teaching and learning methods

Este Ensino Clínico deve decorrer, preferencialmente, em serviços/unidades com idoneidade formativa certificada pela Ordem dos Enfermeiros. A supervisão clínica é assegurada por Enfermeiros/Enfermeiros Especialistas dos contextos e estes devem ter, preferencialmente, a competência acrescida em supervisão clínica atribuída pela Ordem dos Enfermeiros.

Assessment methods

- Continuous evaluation - (Regular, Student Worker) (Final)
  - Practical Work - 80% (Student's daily performance)
  - Development Topics - 20% (work group on a theme proposed by the teacher)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Maria Helena Pimentel	Andre Filipe Morais Pinto Novo	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
01-06-2023	01-06-2023	02-06-2023	03-06-2023

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