Course Unit	Family Nursing and Health-Disease Process Management		Field of study	Nursing		
Master in	Community nursing in family health nursing		School	School of Health		
Academic Year	2023/2024	Year of study	1	Level	2-1	ECTS credits	5.0
Type	Semestral	Semester	2	Code	5066-748-1202-00-23		

| Workload (hours) | 135 | Contact hours | T | 10 | TP | 26 | PL | - | TC | - | S | - | E | - | OT | - | O | 36 |

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)	Ana Sofia Coelho de Carvalho

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Recognize attitudes, feelings, values and expectations towards the person with chronic illness and family
2. Discuss processes to promote literacy for people with chronic illness and family
3. Integrate knowledge that underlies holistic care for people with chronic illness and family
4. Integrate knowledge for decision making in situations of ethical dilemma inherent to the person with chronic illness and end of life
5. Interpret self-care needs of the person with chronic illness and family

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable

Course contents

Chronic diseases and social and family implications in health systems; Integrated intervention models for people with chronic illness and family; Health literacy and promotion of literacy in people with chronic illness and family; Chronic disease: self-care, addictions and mental health; Philosophy, perspective and principles of long-term and palliative care.

Course contents (extended version)

1. Chronic diseases and social and family implications in health systems
2. Integrated intervention models for people with chronic illness and family
3. Health literacy and promotion of literacy in people with chronic illness and family
4. Chronic disease: self-care, addictions and mental health
5. Philosophy, perspective and principles of long-term and palliative care

Recommended reading

1. A. Rocha, et al. (eds.). New contributions in information systems and technologies: advances inintelligent systems and computing (pp 63-71). https: //link. springer. com/chapter/10. 1007
2. Stanhope, M. & Lancaster, J. (2005). Enfermagem comunitária. Lusociência: Lisboa
3. Stanhope, M. & Lancaster, J. (2011). Enfermagem de saúde pública. Lusociência: Lisboa
4. Wright & Leahey`s Nurses and families: A guide to family assessment and intervention

Teaching and learning methods

The development of the program will be developed through dynamics of individual and group work, case studies, which promote criticalreflection on the contents and situations / experiences. In this curricular unit the contents will be developed through theoretical and theoretical - practical classes

Assessment methods

1. Alternative 1 - (Regular, Student Worker) (Final, Supplementary, Special)
   - Final Written Exam - 100%
2. Alternative 2 - (Regular, Student Worker) (Final)
   - Development Topics - 100% (Written work for presentation in class with a weighting of 90% and 10% respectively)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Ana Sofia Coelho de Carvalho	Adília Maria Pires da Silva Fernandes	Hélder Jaime Fernandes	Olívia Rodrigues Pereira
15-04-2024	17-04-2024	17-04-2024	17-04-2024