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Course Unit	Evaluation and Intervention in Family Health Nursing		Field of study	Nursing		
Master in	Community nursing in family health nursing		School	School of Health		
Academic Year	2023/2024	Year of study	1	Level	2-1	ECTS credits	6.0
Type	Semestral	Semester	1	Code	5066-748-1102-00-23	

| Workload (hours) | 162 | Contact hours | T | 10 | TP | 24 | PL | 16 | TC | - | S | - | E | - | OT | - | O | 50 |

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)	Manuel Alberto Morais Brás

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Analyze the relevance of family assessment centered on the family and its members, as a care unit, throughout the life cycle and at different levels of prevention.
2. Arguing the evaluation and intervention models in the family and its members, as a care unit, throughout the life cycle and at different levels of prevention.
3. Recognize assessment and intervention techniques in the family and its members, as a unit, throughout the life cycle and at different levels of prevention.
4. Apply evaluation and intervention models and techniques in the family and its members, as a unit, that support clinical decision-making.
5. Develop a care plan, in partnership with the family, training them in responses in complex health transition situations.
6. Evaluate and monitor family responses to interventions in the field of family health nursing.

Prerequisites

Before the course unit the learner is expected to be able to:
not applicable

Course contents

individual and family Models Evaluation Family Intervention Hanson Family Assessment Model, Friedman Family Assessment Model, Calgary Model Evaluation Intervention Family, Dynamic Model Evaluation Family Intervention Family Health Nursing Model WHO/EURO Caring Based on Strengths Family Assessment Instruments: family interview motivational interview participatory dynamics Family health nursing process: clinical judgment, decision-making, areas of care, diagnoses and interventions

Course contents (extended version)

1. Individual and family as partners in care
2. Family Assessment and Intervention Models
   - Hanson's Family Assessment and Intervention Model
   - Friedman's Family Valuation Model
   - Calgary Model of Family Assessment and Intervention
   - Dynamic Model of Family Assessment and Intervention
   - WHO/EURO Family Health Nursing Model
   - Nursing care based on strengths
3. Family Assessment Instruments
   - Collaborative intervention techniques: family interview, specific phases motivational interview
   - Participatory dynamics, family conferences, network intervention
   - Family health nursing process: judgment, decision-making, care areas, diagnostic interventions

Recommended reading

1. Figueiredo, M. H. J. S. (2012). Modelo dinâmico de avaliação e intervenção familiar: uma abordagem colaborativa em enfermagem de família. Loures: Lusociência.
2. Gottlieb, L. N. (2016). O Cuidar em enfermagem baseado nas forças: saúde e cura para a pessoa e família. Loures: Lusodidata.
3. Hanson, S. M. H. (2005). Enfermagem de cuidados de saúde à família: teoria, prática e investigação (2th ed.) Loures: Lusociência.
4. Sousa, L & Rodrigues, S (2012). The collaborative professional: towards empowering vulnerable families. Journal of Social Work Practice, 2-15. http: //dx. doi. org/10. 1080/02650533. 2012. 668878
5. Sousa, L. (2005). Building on personal networks when intervening with multi-problem poor families. Journal of Social Work Practice, 19(2), 163-179.

Teaching and learning methods

The curricular unit is structured with theoretical classes and theoretical-practical classes. Strategies teach active methodologies. Research of scientific articles realization of group works presented assembly. Continuous assessment is based on diversified instruments, analyzing scientific articles and clinical cases. Elaboration of work according to a model of evaluation and family intervention.

Assessment methods

1. Evaluation - (Regular, Student Worker) (Final)
   - Practical Work - 60% (developed by a writen test)
   - Presentations - 40% (Case study and correspondent discussion in classroom)
2. Supplementary evaluation - (Regular, Student Worker) (Supplementary, Special)
   - Final Written Exam - 100% (Final exam including all the topics)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

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14-12-2023	02-02-2024	07-02-2024	07-02-2024