

Course Unit	Option II - Professional Nature Internship		Field of study	Nursing	
Master in	Maternal Health Nursing and Obstetric		School	School of Health	
Academic Year	2023/2024	Year of study	2	Level	2-2
Type	Semestral	Semester	2	ECTS credits	30.0
Code	5065-769-2102-02-23				
Workload (hours)	810	Contact hours	T -	TP -	PL -
			TC -	S 10	E 420
			OT 10	O 200	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Teresa Isaltina Gomes Correia

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Apply knowledge in the planning, execution and evaluation of specialized care in Maternal and Obstetric Health Nursing.
2. Interpret the provision of specialized nursing care throughout the life cycle, to the family, groups and community, at different levels of prevention, supported by scientific evidence.
3. Integrate the legal ethical principles that guide the profession with a view to developing autonomous and/or interdisciplinary actions appropriate to each clinical situation.
4. Participate in the construction, implementation and evaluation of Maternal and Obstetric Health intervention programs.
5. Document the care/interventions of Nursing in Maternal and Obstetric Health.
6. Systematize evidence, integrate technical-scientific, ethical and relational knowledge and argumentation capacity that underlie clinical decision-making.

Prerequisites

Before the course unit the learner is expected to be able to:
It does not apply.

Course contents

Appropriation and transfer of the theoretical assumptions developed in the different UCs; Intervention in the scope of Maternal and Obstetric Health Nursing; Methodological path of the intervention/investigation; Critical and reflective analysis of the skills acquired within the scope of ESMO.

Course contents (extended version)

1. Appropriation and transfer of the theoretical assumptions developed in the different UC:
 - For the practice of specialized care in Maternal and Obstetric Health Nursing.
2. Intervention in the scope of Maternal and Obstetric Health Nursing:
 - Supported by scientific evidence;
 - In the provision and management of specialized nursing care;
 - To the person throughout the life cycle;
 - To family, groups and community;
 - At the different levels of prevention.
3. Methodological path of the intervention/research:
 - Problem, justification and objectives of the intervention;
 - Target population/participants;
 - Intervention procedures;
 - the instrument and method of data collection;
 - Presentation, analysis and discussion of the results.
4. Critical reflective analysis of the skills acquired within the scope Maternal and Obstetric Nursing

Recommended reading

1. Eldredge, L. K. B. , Markham, C. M. , Ruitter, R. A. , Fernández, M. E. , Kok, G. , & Parcel, G. S. (2016). Planning health promotion programs: an intervention mapping approach. John Wiley & Sons.
2. Kok, G. , Ruitter, R. A. , Fernandez, M. E. , & Markham, C. M. (Eds.). (2019). Theory-and evidence-based health promotion program planning; intervention mapping. Frontiers Media SA.
3. Ordem dos Enfermeiros (2011). Regulamento 391/2019 – Diário da República, 2.ª série, nº 85, de 3 de maio 18 de maio, 13560-13565.
4. Posner, G. D. , Dy, J. , Black, A. Y. , & Jones, G. D. (2014). Trabalho de Parto & Parto de Oxorn e Foote. (6ª ed.). Brasil: Mcgraw-Hill
5. World Health Organization (2018). Intrapartum care for a positive childbirth experience. Geneva.

Teaching and learning methods

The internship must take place in primary and/or hospital health care services/units with training suitability certified by the OE. Clinical supervision is ensured by Specialist Nurses of the contexts and these should preferably have the increased competence in clinical supervision assigned by the LE. In nternship 200 hours, will be destined to the elaboration of the Report.

Assessment methods

- Assessment remains mandatory. - (Regular, Student Worker) (Final)
 - Practical Work - 50% (Evaluation of clinical practice)
 - Reports and Guides - 50% (Internship report with discussion in public tests in accordance with current legislation)

Language of instruction

1. Portuguese
2. Spanish

Electronic validation

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06-02-2024	19-02-2024	19-02-2024	19-02-2024