

Course Unit	Maternal and Obstetric Health Nursing Internship		Field of study	Nursing	
Master in	Maternal Health Nursing and Obstetric		School	School of Health	
Academic Year	2023/2024	Year of study	2	Level	2-2
Type	Semestral	Semester	1	ECTS credits	30.0
Code	5065-769-2101-00-23				
Workload (hours)	810	Contact hours	T -	TP -	PL -
			TC -	S 20	E 600
			OT 20	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Fernanda Ribeiro Azevedo

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Apply knowledge in the planning, execution and evaluation of specialized care, prevention, treatment and inclusion of women and families in FP (family planning) and gynaecological health.
2. Apply knowledge in the planning, execution, and evaluation of specialized care, in the pregnancy-puerperal cycle.
3. Integrate scientific evidence, in the provision and management of specialized care to women, NB (new-born) and family in the pregnancy-puerperal cycle.
4. Integrate the legal ethical principles that guide the profession with a view to developing autonomous and/or interdisciplinary actions appropriate to each clinical situation in the area of MOH
5. Participate in the construction, implementation and evaluation of MOH (maternal and obstetric health) intervention programs in different contexts.
6. Document specialized care/interventions according to contexts and information systems.
7. Systematize evidence and integrate technical-scientific, ethical and relational knowledge that support clinical decision-making in the area of MOH.

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable.

Course contents

MOH nursing specialized care practice; Intervention within the scope of the specialty, supported by scientific evidence; Critical/reflective analysis of acquired skills.

Course contents (extended version)

1. Appropriation and transfer of theoretical assumptions developed in the different UC:
 - For the practice of specialized care in MOH nursing.
2. Intervention supported by scientific evidence in the provision and management:
 - Specialized care for the woman/family throughout the life cycle;
 - Specialized care for the pregnant couple/newborn/family in the pregnancy-puerperal cycle;
3. Critical/reflective analysis of the skills acquired in the scope of the MOH nursing specialty.

Recommended reading

1. Ordem dos Enfermeiros (2019). Regulamento n.º 391/2019 - Diário da República, 2.ª série, n.º 85, de 3 de maio de 2019.
2. Posner, G. D., Dy, J., Black, A. Y., & Jones, G. D. (2014). Trabalho de Parto & Parto de Oxom e Foote. (6ª ed.). Brasil: McGraw-Hill
3. Sequeira, A. Pousa, O. & Amaral, C. F. (2020). Procedimentos em Enfermagem de Saúde Materna e Obstétrica. (1ª ed.). Lisboa: Lidel.
4. OMS & UNICEF (2015). Pregnancy, childbirth, postpartum and newborn care: a guide for essential practice. 3ª ed.
5. World Health Organization (2018). Intrapartum care for a positive childbirth experience. Geneva.

Teaching and learning methods

The internship will take place in units/services with formative suitability certified by the OE, (UCC, BP, puerperium, maternal-fetal medicine, gynecology, Neo.), CP supervision is ensured by EESMO. It is recommended that the student bases the practice based on evidence, the activities developed and the elaboration of the case study.

Assessment methods

- Continuous assessment: - (Regular, Student Worker) (Final)
 - Practical Work - 75% (Evaluation of clinical practice, registration of mandatory minimum experiences Law nº 25/2014.)
 - Case Studies - 25% (Preparation and presentation of a case study.)

Language of instruction

Portuguese

Electronic validation

Ana Fernanda Ribeiro Azevedo	Teresa Isaltina Gomes Correia	Hélder Jaime Fernandes	Adília Maria Pires da Silva Fernandes
06-11-2023	10-11-2023	14-11-2023	14-11-2023