

Course Unit	Sexual and Reproductive Health Nursing in Community		Field of study	Nursing	
Master in	Maternal Health Nursing and Obstetric		School	School of Health	
Academic Year	2022/2023	Year of study	1	Level	2-1
Type	Semestral	Semester	2	ECTS credits	4.0
Code	5065-769-1203-00-22				
Workload (hours)	108	Contact hours	T 10	TP 26	PL -
			TC -	S -	E -
			OT 8	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Fernanda Ribeiro Azevedo

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Enunciate clearly and rigorously concepts about intervention in the sexual and reproductive health nursing in the community.
2. Analyse policies and intervention programmes in sexual and reproductive health.
3. Integrate the necessary knowledge to design, plan, coordinate, supervise, implement and evaluate programs and intervention projects in the area of sexual and reproductive health in the community.
4. Analyze situations/cases/problems critically and based on scientific evidence.
5. Systematize evidence to support scientific knowledge, ideas and rationale thinking in specialized nursing intervention in the area of sexual and reproductive health in the community.

### Prerequisites

Before the course unit the learner is expected to be able to:  
Not applicable

### Course contents

Epidemiology in sexual and reproductive health; Accessibility and equity to sexual and reproductive health services; Networks and Community Resources for the Promotion of Sexual and Reproductive Health; Teamwork and skills of different elements

### Course contents (extended version)

1. Epidemiology in sexual and reproductive health.
  - Health indicators.
  - Principles of universal access to sexual and reproductive health.
2. Accessibility and equity to sexual and reproductive health services.
  - Social determinants, barriers and facilitating factors in sexual and reproductive health.
  - Families and vulnerable groups.
  - Theories and strategies for health education and citizenship.
3. Networks and Community Resources for the Promotion of Sexual and Reproductive Health.
  - Screening and immunization of target groups.
  - Health protection and promotion in families/community and vulnerable groups.
  - Strategies for empowering groups and communities.
  - Policies and strategies to conciliate work and family.
4. Teamwork and skills of different elements

### Recommended reading

1. Eldredge, L. K. B., Markham, C. M., Ruiter, R. A., Fernández, M. E., Kok, G., & Parcel, G. S. (2016). Planning health promotion programs: an intervention mapping approach. John Wiley & Sons
2. Nova Fernandes, C. S. N. (2014). A família como foco de cuidados de enfermagem-aprendendo com o "family nursing game".
3. Ordem dos Enfermeiros (2021). Padrões de Qualidade dos Cuidados Especializados em ESMO. Lisboa 28 de maio de 2021.
4. Shajan, Z., Snell, D., Wright & Leahey's (2019). Nurses and families: A guide to family assessment and intervention. FA Davis.

### Teaching and learning methods

Teaching-learning methodologies include a theoretical approach to understanding essential concepts, scientific research to support specialized nursing practice, and active problem-solving methodologies. Active participation is encouraged, with mobilization of knowledge in the analysis and discussion of contents and in the preparation and presentation of works.

### Assessment methods

1. Continuous assessment - (Regular, Student Worker) (Final)
  - Intermediate Written Test - 60% (Written test of knowledge, obligatory minimum grade of 8.5 values.)
  - Practical Work - 40% (Practical work)
2. Evaluation by written exam - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100% (Written test of knowledge on all the contents of the course.)

### Language of instruction

Portuguese

### Electronic validation

Ana Fernanda Ribeiro Azevedo	Teresa Isaltina Gomes Correia	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
05-05-2023	09-05-2023	15-05-2023	21-05-2023