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| Course Unit | Option I - Health programmes in pregnancy | | Field of study | Nursing | |
| Master in | Maternal Health Nursing and Obstetric | | School | School of Health | |
| Academic Year | 2022/2023 | Year of study | 1 | Level | 2-1 |
| Type | Semestral | Semester | 1 | ECTS credits | 2.0 |
| Code | 5065-769-1107-01-22 | | | | |
| Workload (hours) | 54 | Contact hours | T - | TP 12 | PL 2 |
| | | | TC - | S - | E - |
| | | | OT 8 | O - | |

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Fernanda Ribeiro Azevedo

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Integrate knowledge about intervention programmes in pregnancy.
2. Apply knowledge to design, plan, coordinate, supervise, implement and evaluate intervention programs and projects in the field of pregnancy.
3. Analyse situations / cases / problems critically and based on scientific evidence.
4. Systematize evidence to support scientific knowledge in specialized nursing intervention in the planning, implementation and evaluation of intervention programs and projects in pregnancy.

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable.

Course contents

Pregnancy intervention programs and projects; Nursing intervention specialized in the planning of pregnancy intervention projects and programs.

Course contents (extended version)

1. Innovation and good practices in health and the implementation of intervention projects.
2. Barriers to nursing innovation.
3. Intervention programs and projects for surveillance and promotion of well-being in pregnancy.
4. Implementation of intervention projects in pregnancy, in person and distance.
5. Stages for the implementation of intervention projects in pregnancy.
6. Forms of evaluation of intervention projects in pregnancy.

Recommended reading

1. Honoré, B. (2022). A Saúde em Projeto. Lusociência.
2. Direção-Geral da Saúde. (2015). Programa nacional para a vigilância da gravidez de baixo risco.
3. Ordem dos Enfermeiros, O., & Conselho de Enfermagem, C. (2012). Padrões de qualidade dos cuidados de enfermagem. Ordem dos Enfermeiros.
4. Fertman, C. I., & Grim, M. (2016). Health promotion programs: from theory to practice. John Wiley & Sons.
5. Kok, G., Ruiters, R. A., Fernandez, M. E., & Markham, C. M. (Eds.). (2019). Theory-and evidence-based health promotion program planning; intervention mapping. Frontiers Media SA.

Teaching and learning methods

Teaching and learning methodologies include a theoretical approach to understanding essential concepts and the use of project-based learning. Active participation is recommended, with the mobilization of knowledge and professional experience in the preparation of pregnancy intervention projects.

Assessment methods

1. Continuous assessment - (Regular, Student Worker) (Final)
 - Projects - 70% (Preparation and presentation of an intervention project in pregnancy.)
 - Reports and Guides - 30% (Individual report on the implementation of the intervention project.)
2. Evaluation by written exam - (Regular, Student Worker) (Final, Supplementary, Special)
 - Final Written Exam - 100% (Written test of knowledge on all the contents of the course.)

Language of instruction

Portuguese

Electronic validation

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|------------------------------|-------------------------------|--------------------------------|---------------------------------------|
| Ana Fernanda Ribeiro Azevedo | Teresa Isaltina Gomes Correia | Maria Eugénia Rodrigues Mendes | Adília Maria Pires da Silva Fernandes |
| 15-04-2023 | 16-04-2023 | 05-05-2023 | 06-05-2023 |