

Course Unit	rse Unit Health Management and Policy			Field of study	Nursing		
Master in	Maternal Health Nursing and Obstetric			School	School of Health		
Academic Year	2023/2024	Year of study	1	Level	2-1	ECTS credits	3.0
Туре	Semestral	Semester	1	Code	5065-769-1105-00-23		
Workload (hours)	81	Contact hours				E - OT - Fieldwork; S - Seminar; E - Place	11 O - ement; OT - Tutorial; O - Other

Name(s) of lecturer(s)

Eugénia Maria Garcia Jorge Anes, Ana Fernanda Ribeiro Azevedo

# Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- Analyze reflexively the theoretical foundations necessary for the conceptualization of specialized care;
  Elaborate conceptual arguments consistent with the professional act;
  Integrate the process of decision-making and critical-reflexive thinking in the practice of specialized nursing.

#### Prerequisites

Before the course unit the learner is expected to be able to: No applicable

## Course contents

1. Models and management processes of health services. 2. Health planning. 3. Management and organization of nursing care. 4. People management: leadership, delegation, secure endowments, supervision, conflict management, professional performance and evaluation. 5. Quality and development of health services. 6. Safe birth environments.

## Course contents (extended version)

1. Models and management processes of health services.

- Health planning.
  Health planning.
  Management and organization of nursing care.
  People management: leadership, supervision, conflict management professional performance evaluation.
  Quality and development of health services. 6. Safe birth environments.
  Safe birth environments.

### Recommended reading

- Bernardino, M. (2017). Gestão em Saúde. Organização Interna dos Serviços. Coimbra. Almedina.
  Merkur, S., Maresso, A. & McDaid, D. (2016). The changing role of nursing. New Eurohealth issue). LSE Health and Social Care. Retrived fron: http://blogs. Ise. ac. uk/healthandsocialcare/ a. Ordem do Enfermeiros (2019). Cálculo de dotações seguras dos cuidados de enfermagem de Saúde Materna e Obstétrica. Lisboa: CEESMO. Parecer no 43/2019.

#### Teaching and learning methods

The teaching methodologies are related to the objectives of the curricular unit. The methodological strategies defined are in accordance with the structure of the themes under study in order to promote in students the ability to understand and solve complex and multifaceted problems, as well as the ability to integrate and mobilize knowledge in different contexts.

### Assessment methods

- Exam Written 30% and written Work 70% (Regular, Student Worker) (Final)
  Exam (Regular, Student Worker) (Supplementary, Special)

   Final Written Exam 100% (Exam of overall assessment)

# Language of instruction

### Portuguese

Electronic validation			
Eugénia Maria Garcia Jorge Anes	Teresa Isaltina Gomes Correia	Hélder Jaime Fernandes	Adília Maria Pires da Silva Fernandes
19-02-2024	27-02-2024	28-02-2024	28-02-2024