

Course Unit	Epistemology in Nursing		Field of study	Nursing	
Master in	Maternal Health Nursing and Obstetric		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	2-1
Type	Semestral	Semester	1	ECTS credits	4.0
Code	5065-769-1103-00-23				
Workload (hours)	108	Contact hours	T 6	TP 24	PL -
			TC -	S -	E -
			OT 14	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Manuel Alberto Moraes Brás, Ana Fernanda Ribeiro Azevedo

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Analyze reflexively the theoretical foundations necessary for the conceptualization of specialized care.
2. Elaborate conceptual arguments consistent with the professional act.
3. Integrate the process of decision making and critical-reflexive thinking in specialized nursing practice.
4. Analyze the factors that influence the process of decision making and critical-reflexive thinking in nursing practice.
5. Integrate the importance of autonomy, continuous quality improvement and research in nursing practice.
6. Integrate the knowledge for the formulation of standards and procedures for specialized practice, ensuring safety and quality, supported by scientific evidence.

### Prerequisites

Before the course unit the learner is expected to be able to:  
Is not

### Course contents

Nursing development: Profession professional development Caring in nursing, from the conception care to specialized professional care. The metaparadigm nursing. From formal knowledge and knowledge praxis to the production of specialized care The scientific knowledge and methodology work Nursing and Law Communication nurse-user Nursing interventions, evolution of the discipline Advanced practice and standards of knowledge in nursing Quality standards of skilled nursing care Information systems nursing.

### Course contents (extended version)

1. The process of decision taking.
  - Factors that influence the process of decision taking in the advanced nursing decision.
  - Standards of quality of skilled nursing care in maternal health nursing and midwifery
  - Knowledge in nursing route epistemological discipline
  - Paths and paths of thought in nursing
  - Formal knowledge and praxis of knowledge production care specialist
  - Advanced Nursing, Implications in Practice
2. Critical-reflexive thinking
  - Factors that influence the critical-reflexive thinking in the practice of advanced nursing
  - Regulation of specific competencies of the nurse specialist in maternal health nursing and midwifery
3. Contribution of advanced nursing in improving the quality of specialized nursing care
  - The metaparadigm of nursing: Person, Environment, Health, nursing care
  - the nurse-user communication as an instrument of change
  - standards of nursing knowledge: scientific, ethical, aesthetic, personal. . .
  - evolution of nursing records: occurrences and electronic records (CIPE)
4. Contribution of the investigation to the practice of advanced nursing
  - Practice nursing Evidence Based
  - Scientific knowledge and working methods
  - Health gains sensitive to nursing interventions (indicators: outcome process structure)
5. Concepts and extent of the bioethics application.
6. The ethical-legal dimensions in the assistance in maternal health nursing and midwifery
7. Advanced Practice Nursing

### Recommended reading

1. Alfaro-Lefevre, R. (1996). Pensamento crítico em enfermagem: um enfoque prático. Porto Alegre: Editora
2. Silva, A. (2007). Enfermagem Avançada: um sentido para o desenvolvimento da Profissão e da Disciplina. Servir, 55 (1-2): 11-20
3. Benner, P. (2001). De iniciado a perito: excelência e poder na prática clínica de enfermagem. Coimbra: Quarteto Ed
4. Carneiro, M. (2008). Ajudar a Nascer: Partejas, saberes obstétricos e modelos de formação (século XV-1974). Porto: Universidade do Porto Editorial
5. Nunes, L. (2017). Para uma epistemologia de enfermagem. (1a ed). Loures: Lusodidacta

### Teaching and learning methods

Sessions Theoretical and practical guidelines tutorials and seminars. Adaptation strategies active focus on methodological reflection processes of students: reading times; analysis of scientific texts versus preparation of summaries, discussions and debates; Exhibition of works based on previous activities performed by students. methodology expository reflective Interactive.

### Assessment methods

1. The evaluation will be carried out in two stages - (Regular, Student Worker) (Final)
  - Practical Work - 70% (Scientific work, article format. Presentation and discussion in the classroom)
  - Intermediate Written Test - 30% (Final examination with assessment of all matter)
2. Final examination with assessment of all matter - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100% (Proof of valuation of raw taught)

### Language of instruction

Portuguese

Electronic validation			
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