

Course Unit	Nursing Epistemology		Field of study	Nursing	
Master in	Medical-Surgical Nursing caring for the person in critical stage		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	2-1
Type	Semestral	Semester	1	ECTS credits	4.0
Code	5064-762-1102-00-23				
Workload (hours)	108	Contact hours	T -	TP 22,5	PL -
			TC -	S -	E -
			OT 7,5	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Manuel Alberto Morais Brás

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Analyze the different paradigms and epistemological journey of nursing and its contributions to the development of the discipline
2. Remember the importance of Nursing Consultation versus Nursing Process; presenting the nursing diagnoses, using the taxonomy (or classification systems) NANDA, NIC, and NOC CIFE
3. Understand the importance of the contribution of research (PBE) in the continuous improvement of quality of care in the practice of specialized nursing
4. Understanding the factors that influence the decision-making process and critical- reflective thinking in nursing practice specializing relating to: People, Health, Environment and Nursing Care
5. Defend and promote the decision making process in the light of ethical and deontological values
6. Recognize the nurse- user communication and critical thinking as essential features to the quality of skilled nursing care
7. Enable the student to develop conceptual arguments to ensure consistency in their actions expert.

### Prerequisites

Before the course unit the learner is expected to be able to:  
has no

### Course contents

Nursing knowledge: epistemological course discipline; Nursing care, conception of care, specialized professional care; Nursing metaparadigm; Medical-surgical nursing thought paths; Formal knowledge to know praxis production care; Scientific knowledge work methodology; Nurse-user communication; Outcomes nursing interventions discipline evolution; Advanced Practice Nursing; Nursing knowledge patterns; Nursing records evolution.

### Course contents (extended version)

1. Paradigmas e percurso epistemológico da enfermagem, contributos para o desenvolvimento da disciplina
  - Models and conceptions of nursing care, counselors providing specialized care
  - Theoretical foundations necessary for the conceptualization of specialized nursing care
  - Schools of nursing thought
  - nursing knowledge Standards
  - Take care in nursing, the design of care, caring professional expert
  - Paradigm goal of Nursing: People, Health, Environment ( contexts) and Nursing Care
2. nursing taxonomies
  - Consultation and Nursing Process
  - Evolution and Importance of Nursing Records
3. Importance of research on continuous improvement , quality of nursing care specialist
  - Nursing Science Profession: Consultation and Process Nursing as scientific methodology of work
4. Evidence Based Practice
  - Essential research, process decision-making, quality assurance nursing care
  - Decision-making based on practice "Nursing" Based on Evidence
  - The health gains sensitive care / nursing interventions
  - Indicator framework , process and results
5. Process reflected decision-making, decisive in ensuring the quality of care
  - Pensamento critico-reflexivo indispensável à prática de enfermagem especializada
  - Factors influencing the critical - reflective thinking in the practice of specialized nursing
  - Specific Skills regulation of Nurse Specialist in Medical- Surgical Nursing
  - Quality standards of the Specialized Nursing Care in Medical- Surgical Nursing
  - formal knowledge and knowledge of praxis to produce skilled nursing care
6. Decision -making procedures in the light of ethical and deontological values
  - Order of the Statute of nurses
  - Responsibilities of nursing professionals in the practice of specialized care
7. Communication and critical thinking essential to the specialized care and improving quality care
  - Nurse - Utente communication as an instrument of change in ensuring the safety and quality
  - Holistic approach centered on self-determination of the people in terms of their own health
8. Training for preparation of arguments to support the consistency His act expert

### Recommended reading

1. Henderson, V. (2007). Princípios básicos dos cuidados de enfermagem do CIE. Lisboa: Lusodidacta.
2. Doenges, M. E. , & Moorhouse, M. F. (2010). Aplicação do processo de enfermagem e do diagnóstico de enfermagem: um texto interactivo para o raciocínio diagnóstico. 5ª. Ed. Loures. Lusociência
3. Tomey, A. M. , & Allgood, M. R. (2004). Teóricas de enfermagem e a sua obra: modelos e teorias de enfermagem. (5ªed). Loures: Lusociência
4. Potter, P. , & Perry, A. (2006). Fundamentos de Enfermagem: Conceitos e Procedimentos (5ª ed. ). Loures: Lusociência.
5. Phaneuf, M. (2005). Comunicação, entrevista, relação de ajuda e validação. Loures: Lusociência

### Teaching and learning methods

Structured on the basis of theoretical-practical theoretical sessions, tutoring and seminars that enable the adequacy of active methodological strategies centered on the students' reflection processes, reading time; analysis of scientific texts and elaboration of syntheses, discussions; Classroom exposure of work based on previous activities and document consultation carried out by students.

Assessment methods

1. The evaluation will be carried out in two stages - (Regular, Student Worker) (Final)

- Development Topics - 50% (Scientific work "article format". Presentation classroom)

- Intermediate Written Test - 50% (Written test on the subjects taught)

2. Final examination with assessment of all matter - (Regular, Student Worker) (Supplementary, Special)

- Final Written Exam - 100% (Proof of valuation of raw taught)

Language of instruction

Portuguese

Electronic validation			
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11-12-2023	11-12-2023	11-12-2023	11-12-2023