

Course Unit	Clinical supervision in nursing			Field of study	Nursing		
	Graduate in nursing management			School	School of Health		
Academic Year	2019/2020	Year of study	1	Level		ECTS credits	2.0
Туре	Semestral	Semester	1	Code	5042-678-1112-00-19		
Workload (hours)	54	Contact hours	T - TP	10 PL - T	c - s -	E - OT	- 0 -
T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other							

Name(s) of lecturer(s) Eugénia Maria Garcia Jorge Anes, Maria Augusta Romão da Veiga Branco

#### Learning outcomes and competences

- At the end of the course unit the learner is expected to be able to:

  1. To deepen knowledge in pedagogical, relational, technical and scientific range on clinical supervision in nursing;

  2. To reflect about learning strategies that promote the students' personal and professional development in the various formation contexts of clinical practice;

  3. To analyze the clinical supervision models in nursing, adequate to the different intervention levels;

  4. To increase the development of a critical-reflexive and innovative attitude in education and the students' self-formation of nursing in the clinical practice;

  5. To develop competencies that promotes the implementation of new clinical supervision models, orientation and assessment in educational and professional contexts. contexts

### Prerequisites

Before the course unit the learner is expected to be able to: note applicable

#### Course contents

Observation and Communication. The nine scenarios of Clinical Health Supervision in Senge. Development of critical-reflexive capacity in clinical supervision training contexts. Clinical supervision in nursing: concept and processes; Objects of clinical supervision; Models and modalities of clinical supervision in nursing; Training of students in clinical practice; Care supervision: dimensions and strategies; Leadership, clinical supervision and quality of care.

#### Course contents (extended version)

- Learning theories and models, education and professional formation;
   Observation and communication process fundaments in educational and professional context;
- Inter-personal communication process:
   help relationship and personal and Professional development (stress, leadership and conflict); help relationship and personal and Professional development (stress, lead
  4. Clinical supervision: concepts, models and theories
  Reflected practice as clinical supervision essence
  5. Clinical supervision in Nursing
  Supervision process stages, supervision styles, clinical supervisor profile;
  Emotional Competence of the Trainer in Clinical Supervision
  6. Methodologies for the developemnt
  of a critical-reflexive attitude in a personal and interpersonal dimension
  of a critical-reflexive attitude an easy theory-practice interconnection;
  7. Competencies related to the orientation, assessment in clinical supervision
  educational and professional context

- educational and professional context
   Clinical supervision in nursing
   Concept and processes
   Objects of clinical supervision
- To Models and modalities of clinical supervision in nursing
   Training of students in clinical practice

- Care supervision
   Dimensions and strategies
   Leadership, clinical supervision and quality of care

### Recommended reading

- Bond, M. & Holland, S. (2011). Skills of Clinical Supervision for nurses. Open University Press.
   Rua, M. S. (2011). De Aluno a Enfermeiro: Desenvolvimento de Competências em contexto de Ensino Clínico. Loures: Lusociência.
   Paiva, J., Morais, C. e Paiva, J. C. (2010). Peter Senge: um autor com referências importantes para a pedagogia contemporânea. Educação, Formação & Tecnologias, 3 (2), 517
- reciniogias, 3 (2), 5 (2), 6 (2). Competências do Supervisor Clínico. OE, Assembleia Geral, Outubro de 2011 (2). Veiga-Branco, M. A. R. (2016). Sebenta de Formação e Supervisão Clínica. ESSa IPB. DCSC.

# Teaching and learning methods

Theoretical and theoretical-practical classes using the participative model; -Oriented bibliographic research to Work Groups; -Group dinamics; -Seminars; -Texts, films and d ocumentaries analysis specific of the clinical supervision area; Written and Oral Presentation of Group Works

# Assessment methods

- Alternative 1 (Regular, Student Worker) (Final)
   Work Discussion 100% (Oral and Writen Examination, individual evaluation)
   Alternative 2 (Regular, Student Worker) (Supplementary, Special)
   Final Written Exam 100%

# Language of instruction

Portuguese

Electronic validation

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20-12-2019 27-12-2019 27-12-2019