

Course Unit	Clinical supervision in nursing		Field of study	Nursing	
Classification	Graduate in nursing management		School	School of Health	
Academic Year	2019/2020	Year of study	1	Level	2-1
Type	Semestral	Semester	1	ECTS credits	2.0
Workload (hours)		54	Contact hours	T -    TP 10    PL -    TC -    S -    E -    OT -    O -	
<small>T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other</small>					

Name(s) of lecturer(s) Eugénia Maria Garcia Jorge Anes, Maria Augusta Romão da Veiga Branco

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- To deepen knowledge in pedagogical, relational, technical and scientific range on clinical supervision in nursing;
- To reflect about learning strategies that promote the students' personal and professional development in the various formation contexts of clinical practice;
- To analyze the clinical supervision models in nursing, adequate to the different intervention levels;
- To increase the development of a critical-reflexive and innovative attitude in education and the students' self-formation of nursing in the clinical practice;
- To develop competencies that promotes the implementation of new clinical supervision models, orientation and assessment in educational and professional contexts.

### Prerequisites

Before the course unit the learner is expected to be able to:  
note applicable

### Course contents

Observation and Communication. The nine scenarios of Clinical Health Supervision in Senge. Development of critical-reflexive capacity in clinical supervision training contexts. Clinical supervision in nursing: concept and processes; Objects of clinical supervision; Models and modalities of clinical supervision in nursing; Training of students in clinical practice; Care supervision: dimensions and strategies; Leadership, clinical supervision and quality of care.

### Course contents (extended version)

1. Learning theories and models, education and professional formation;
2. Observation and communication process fundamentals in educational and professional context;
3. Inter-personal communication process:
  - help relationship and personal and Professional development (stress, leadership and conflict);
4. Clinical supervision: concepts, models and theories
  - Reflected practice as clinical supervision essence
5. Clinical supervision in Nursing
  - Supervision process stages, supervision styles, clinical supervisor profile;
  - Emotional Competence of the Trainer in Clinical Supervision
6. Methodologies for the developemnt
  - of a critical-reflexive attitude in a personal and interpersonal dimension
  - of a critical-reflexive attitude an easy theory-practice interconnection;
7. Competencies related to the orientation, assessment in clinical supervision
  - educational and professional context
8. Clinical supervision in nursing
  - Concept and processes
9. Objects of clinical supervision
10. Models and modalities of clinical supervision in nursing
11. Training of students in clinical practice
12. Care supervision
  - Dimensions and strategies
13. Leadership, clinical supervision and quality of care

### Recommended reading

1. Bond, M. & Holland, S. (2011). Skills of Clinical Supervision for nurses. Open University Press.
2. Rua, M. S. (2011). De Aluno a Enfermeiro: Desenvolvimento de Competências em contexto de Ensino Clínico. Loures: Lusociência.
3. Paiva, J. , Morais, C. e Paiva, J. C. (2010). Peter Senge: um autor com referências importantes para a pedagogia contemporânea. Educação, Formação & Tecnologias, 3 (2), 517
4. Ordem dos Enfermeiros (2011). Regulamento de Certificação de Competências do Supervisor Clínico. OE, Assembleia Geral, Outubro de 2011
5. Veiga-Branco, M. A. R. (2016). Sebenta de Formação e Supervisão Clínica. ESSa - IPB. DCSC.

### Teaching and learning methods

Theoretical and theoretical-practical classes using the participative model; -Oriented bibliographic research to Work Groups; -Group dynamics; -Seminars; -Texts, films and d omentaries analysis specific of the clinical supervision area; Written and Oral Presentation of Group Works

### Assessment methods

1. Alternative 1 - (Regular, Student Worker) (Final)
  - Work Discussion - 100% (Oral and Written Examination, individual evaluation)
2. Alternative 2 - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100%

### Language of instruction

Portuguese

## Electronic validation

Eugénia Maria Garcia Jorge Anes	Andre Filipe Morais Pinto Novo	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
20-12-2019	20-12-2019	27-12-2019	27-12-2019