

Course Unit	The Family as the Unit of Care		Field of study	Nursing	
Master in	Nursing in Family Health		School	School of Health	
Academic Year	2019/2020	Year of study	1	Level	2-1
Type	Semestral	Semester	2	ECTS credits	4.0
Code	5039-527-1201-00-19				
Workload (hours)	108	Contact hours	T -	TP 30	PL -
			TC -	S -	E -
			OT 15	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Adília Maria Pires da Silva Fernandes

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. To conceptualize family health nursing as an area of contemporary development in a multidisciplinary approach;
2. To identify the various conceptual models of nursing as a guide for the family care unit;
3. To analyze the complexity of the family system over the life cycle and in the context of multiculturalism;
4. To develop skills within the nursing family throughout the life cycle.

Prerequisites

Before the course unit the learner is expected to be able to:
None

Course contents

1 - Family; 2 - Family Health; 3 - Familiar environment; 4 - Nursing family care.

Course contents (extended version)

1. Family
 - Conceptual models and functions of the family
 - Family structures and family configurations
 - Social policies and health programs for family
 - Culture, gender and power in the family
 - Design systemic family: from the homeostatic model to the evolutionary model
2. Family Health
 - Ecological dimensions of family health
 - Indicators and contextual determinants of family health
 - Humanization and bioethics in family health
 - Education, communication and family competence
 - Factors affecting family health
 - Promotion of family health.
3. Familiar environment
 - Structural levels: from micro to macrosistemas
 - Macrotime: context, time and history
 - Proximal processes
 - Social networks
4. Nursing family care
 - Principles of collaborative intervention
 - Nursing intervention in the family over the life cycle at the primary, secondary and tertiary level
 - Intervention in situations of acute illness, chronic disease and the dysfunctional family

Recommended reading

1. Ausloos, G. (2003). A competência das famílias: tempo, caos, processo. Lisboa: Climepsi.
2. Figueiredo, H. (2012). Modelo dinâmico de avaliação e intervenção familiar: uma abordagem colaborativa em enfermagem de família. Loures : Lusociência
3. Hanson, S. (2005). Enfermagem de Cuidados de Saúde à Família: Teoria, Pática e Investigação (2.ª Ed.). Loures: Lusociência.
4. Relvas, A. (1996). O ciclo vital da família: perspectiva sistémica. Porto: Edições Afrontamento
5. Relvas, A. , & Alarcão, M. (2002). Novas formas de família. Coimbra: Quarteto.

Teaching and learning methods

Theoretical /practical classes: explanatory and reflective lessons using audio-visual aids and recourse to COLIBRI platform. Analysis and reflection on problem situations related to professional practice of master student's as well as scientific and technical documents. Tutor monitoring lessons: monitoring of group works.

Assessment methods

1. Alternative 1 - (Regular, Student Worker) (Final)
 - Intermediate Written Test - 100% (TP evaluation)
2. Alternative 2 - (Regular, Student Worker) (Supplementary, Special)
 - Final Written Exam - 100% (TP evaluation)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Adília Maria Pires da Silva Fernandes	Manuel Alberto Morais Brás	Maria Eugénia Rodrigues Mendes	Carlos Pires Magalhães
05-03-2020	09-03-2020	10-03-2020	10-03-2020