

Course Unit	Clinical Supervision	Field of study	Nursing
Master in	Nursing in Family Health	School	School of Health
Academic Year	2019/2020	Year of study	1
Type	Semestral	Semester	1
Workload (hours)	108	Contact hours	T - , TP 30, PL - , TC - , S - , E - , OT 15, O -
		Level	2-1
		ECTS credits	4.0
		Code	5039-527-1106-00-19

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Augusta Pereira da Mata

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. - To deepen knowledge in pedagogical, relational, technical and scientific range on clinical supervision in nursing;
2. To implement teaching-learning strategies that promote the students' personal and professional development in the various formation contexts of clinical practice;
3. To understand the main models of clinical supervision in nursing, appropriate to the different levels of intervention;
4. To develop a critical and reflective attitude and innovative in education and self-training in clinical practice;
5. To develop competencies that promotes the implementation of new clinical supervision models, orientation and assessment in educational and professional contexts.

#### Prerequisites

Before the course unit the learner is expected to be able to:  
Not applicable

#### Course contents

Theories and models of learning, education and professional formation; Clinical supervision. Clinical supervision process in nursing Methodologies for the development of a critical-reflexive attitude in a personal and interpersonal dimension that will make the interrelation of theory and practice; – The process of clinical supervision and its evaluation in educational and professional context

#### Course contents (extended version)

1. Theories and models of learning, education and professional formation;
2. Clinical supervision:
  - concepts
  - models and theories,
  - reflected practice as the clinical supervision essence;
  - Ecological perspective of clinical supervision and professional development
3. Clinical supervision process in nursing:
  - stages of the process,
  - supervision styles,
  - clinical supervisor profile;
4. Methodologies of a critical-reflexive attitude relating theory and practice;
5. The process of clinical supervision and its evaluation in educational and professional context.

#### Recommended reading

1. Abreu, W. (2007). Formação e aprendizagem em contexto clínico: Fundamentos, teorias e considerações didáticas. Coimbra: Formasau.
2. Alarcão, I; Tavares, J. (2003). Supervisão na Prática Pedagógica. Uma Perspetiva de desenvolvimento e aprendizagem. 2ª Ed. Coimbra, Almedina.
3. Gopee, N. (2011). Mentoring and supervision in Healthcare. (Sage, Ed. ) (2nd ed. , p. 292). London.
4. Pinto, P. (2009). Ensino eficaz. Lisboa: FCN, UNL.
5. Rua, M. (2011). De Aluno a Enfermeiro. Desenvolvimento de Competências em Contexto de Ensino Clínico. Loures, Lusociência

#### Teaching and learning methods

Theoretical-practical classes using the participative model; Oriented bibliographic research; Group dynamics; Seminars; Texts, films and documentaries of the clinical supervision area;

#### Assessment methods

1. Final evaluation - (Regular, Student Worker) (Final)
  - Final Written Exam - 50% (evaluation by a written test)
  - Development Topics - 50% (group project with oral presentation in classroom)
2. Supplementary evaluation - (Regular, Student Worker) (Final, Supplementary, Special)
  - Final Written Exam - 100% (Final exam including all the topics)

#### Language of instruction

Portuguese, with additional English support for foreign students.

#### Electronic validation

Maria Augusta Pereira da Mata	Manuel Alberto Morais Brás	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
19-11-2019	09-03-2020	09-03-2020	09-03-2020