Course Unit	Family Nursing : from referencials to Practice				Field of study	Nursing		
Master in	Nursing in Family Health				School	School of Health		
Academic Year	2019/2020	Year of study	1		Level	2-1	ECTS credits	8.0
Type	Semestral	Semester	1		Code	5039-527-1102-00-19		

Workload (hours)	216	Contact hours	T	-	TP	45	PL	-	TC	-	S	15	E	-	OT	15	O	-

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)	Maria Augusta Pereira da Mata

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. To understand the onto-epistemological references in family health nursing;
2. To identify the relationship between research, the development in family health nursing and the practice based evidence;
3. To reflect on the method and the framework of family health nursing, while specialized area of expertise.

Prerequisites

Before the course unit the learner is expected to be able to:
Doesn't have

Course contents

Concepts nursing family health systems thinking Notion system, systemic view theoretical triangle Theories family therapy and nursing Family Research The PEBE and quality of care Conceptual framework of the family health nurse Health and social policies nurse family EEA family health nursing skills Monitoring implementation of the care model PQCEE Nursing Family Health Sharing areas (. . .) Professional Organization working for FN

Course contents (extended version)

1. Benchmarks
    - Concepts in family health nursing
    - Systemic thinking
2. The notion of system to a systemic view
3. The theoretical triangle
    - Theories of family therapy
    - Theories of nursing
4. Research
    - From related family research to family research
    - The practice of evidence-based nursing for the quality of nursing care provided to the family
5. Practices
    - The conceptual framework of the family health nurse (ESF) to implementation experiences
    - Health policies and social policies (reconfiguration of CSP , RNCCI)
    - Nurse family (international and national framework)
    - Specific Skills Regulation of Nurse Specialist in Family Health Nursing
    - Monitoring the implementation and quality of care model
    - Quality standards of care specialize in family health nursing
    - Areas sharing with other specialist nurses and other professionals
    - Work organization for family nurse (300/400) families, 1550 users spread over geographical area

Recommended reading

1. Figueiredo, M. (2012). Modelo Dinâmico de Avaliação e Intervenção Familiar: Uma abordagem Colaborativa em Enfermagem de família. Lisboa: Lusociência.
2. Hanson, S. (2005). Enfermagem de Cuidados de Saúde à Família: Teoria Prática e Investigação. Camarate: Lusociência.
3. Ordem dos Enfermeiros (2010). Regulamento de Competências Especificas do Enfermeiro Especialista em Enfermagem de Saúde Familiar. Lisboa: OE
4. Schober, M. ; Affara, F. (2001). The Family Nurse: Frameworks for Practice. Geneva: international Council of Nurses.
5. Wright, L. ; Leahey, N. (2009). Enfermeiras e família. Um guia para a avaliação e intervenção na família. São Paulo: Roca.

Teaching and learning methods

Reflective approach to the understanding of different theories, stimulating the interaction between students and teachers, through, methods: expository, interrogative discussion, group work, reading and analysis of scientific articles. The analysis and reflection of the different theories to nursing care. Presentation for discussion, group work will complement the teaching process.

Assessment methods

1. The evaluation will be carried out in two stages - (Regular, Student Worker) (Final)
    - Practical Work - 50% (Group work (with presentation and discussion in room class work or a "paper").)
    - Intermediate Written Test - 50% (Written test on the subjects taught)
2. Final examination with assessment of all matter - (Regular, Student Worker) (Supplementary, Special)
    - Final Written Exam - 100% (Proof of valuation of raw taught)

Language of instruction

Portuguese

Electronic validation

Maria Augusta Pereira da Mata	Manuel Alberto Morais Brás	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
18-10-2019	07-11-2019	17-11-2019	17-11-2019

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