

Course Unit	Internship in Palliative Care Units or project work		Field of study	Health Sciences	
	Postgraduate in Palliative Care		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	
Type	Semestral	Semester	2	ECTS credits	15.0
				Code	5037-794-1203-00-23
Workload (hours)	405	Contact hours	T -	TP -	PL -
			TC -	S -	E 150
			OT 50	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Ana Maria Nunes Português Galvão

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- Have improved the following skills:
  - a taste for human and professional progress
  - mastery of anti-burnout strategies
  - organisational
- Knowing how teamwork works to meet the needs of patients and their families
- Apply some organisational supports to facilitate dialogue between professionals
- Integrate the approach to the patient and family during illness and bereavement.

### Prerequisites

Not applicable

### Course contents

Practical internships in Palliative Care: Duration: 100 hours Realisation: 16 hours per week or on consecutive days, in an institution and service according to the student's preference.  
Or:  
project work: preparation of a "scoping review" protocol, with presentation and oral defence.

### Course contents (extended version)

- Training in Palliative Care
  - a location of choice within the local form agreed by ESSa
- Optional valences, according to the work the student intends to develop
  - Hospital work
  - domiciliary palliative care teams
- Carrying out a systematic review protocol, covering a topic in the area of Palliative Care
  - with presentation and oral defense

### Recommended reading

- Fernandes, A. J. (1995). Métodos e Regras para elaboração de trabalhos científicos (2ª ed. ). Porto: Porto editora.
- Vilelas, J. (2017). Investigação. O processo de construção do conhecimento. Sílabo
- Ribeiro, J. (2010). Metodologia de Investigação em psicologia e saúde. Livpsic
- Coutinho, P. (2013). Metodologia de investigação em ciências sociais e humanas: teoria e prática. Almedina

### Teaching and learning methods

Professional Internship, subject of a final report, monitored by a supervisor, in order to guarantee the integration of the contents and compliance with the Internship objectives.  
Or projet work with oral presentation and defence.

### Assessment methods

- Clinical Stage - (Regular, Student Worker) (Final, Supplementary, Special)
  - Portfolio - 30% (The report will be presented in the penultimate week of the internship supervisor)
  - Laboratory Work - 70% (Evaluation of performance on stage location)
- Project work - (Regular, Student Worker) (Final, Supplementary, Special)
  - Projects - 70% (scoping review protocol)
  - Presentations - 30% (Presentation and oral defense)

### Language of instruction

Portuguese

### Electronic validation

Maria José Almendra Rodrigues Gomes	Ana Maria Nunes Português Galvão	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes
19-01-2024	22-01-2024	22-01-2024	22-01-2024