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|------------------|---|---------------|----------------|------------------|-------|
| Course Unit | Internship in Palliative Care Units or project work | | Field of study | Health Sciences | |
| Classification | Postgraduate in Palliative Care | | School | School of Health | |
| Academic Year | 2023/2024 | Year of study | 1 | Level | 2-1 |
| Type | Semestral | Semester | 2 | ECTS credits | 15.0 |
| Code | 5037-794-1203-00-23 | | | | |
| Workload (hours) | 405 | Contact hours | T - | TP - | PL - |
| | | | TC - | S - | E 150 |
| | | | OT 50 | O - | |

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Ana Maria Nunes Português Galvão

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- Have improved the following skills:
 - a taste for human and professional progress
 - mastery of anti-burnout strategies
 - organisational
- Knowing how teamwork works to meet the needs of patients and their families
- Apply some organisational supports to facilitate dialogue between professionals
- Integrate the approach to the patient and family during illness and bereavement.

Prerequisites

Not applicable

Course contents

Practical internships in Palliative Care: Duration: 100 hours Realisation: 16 hours per week or on consecutive days, in an institution and service according to the student's preference.
Or:
project work: preparation of a "scoping review" protocol, with presentation and oral defence.

Course contents (extended version)

- Training in Palliative Care
 - a location of choice within the local form agreed by ESSa
- Optional valences, according to the work the student intends to develop
 - Hospital work
 - domiciliary palliative care teams
- Carrying out a systematic review protocol, covering a topic in the area of Palliative Care
 - with presentation and oral defense

Recommended reading

- Fernandes, A. J. (1995). Métodos e Regras para elaboração de trabalhos científicos (2ª ed.). Porto: Porto editora.
- Vilelas, J. (2017). Investigação. O processo de construção do conhecimento. Sílabo
- Ribeiro, J. (2010). Metodologia de Investigação em psicologia e saúde. Livpsic
- Coutinho, P. (2013). Metodologia de investigação em ciências sociais e humanas: teoria e prática. Almedina

Teaching and learning methods

Professional Internship, subject of a final report, monitored by a supervisor, in order to guarantee the integration of the contents and compliance with the Internship objectives.
Or projet work with oral presentation and defence.

Assessment methods

- Clinical Stage - (Regular, Student Worker) (Final, Supplementary, Special)
 - Portfolio - 30% (The report will be presented in the penultimate week of the internship supervisor)
 - Laboratory Work - 70% (Evaluation of performance on stage location)
- Project work - (Regular, Student Worker) (Final, Supplementary, Special)
 - Projects - 70% (scoping review protocol)
 - Presentations - 30% (Presentation and oral defense)

Language of instruction

Portuguese

Electronic validation

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|-------------------------------------|----------------------------------|----------------------------|---------------------------------------|
| Maria José Almendra Rodrigues Gomes | Ana Maria Nunes Português Galvão | Carina de Fatima Rodrigues | Adília Maria Pires da Silva Fernandes |
| 19-01-2024 | 22-01-2024 | 22-01-2024 | 22-01-2024 |