

Course Unit	Bioethics applied to Palliative Care		Field of study	Social and Behavioural Sciences	
	Postgraduate in Palliative Care		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	ECTS credits 5.0
Type	Semestral	Semester	2	Code	5037-794-1201-00-23
Workload (hours)	135	Contact hours	T - TP 30 PL - TC - S 5 E - OT 5 O -		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Angela Sofia Lopes Simoes

Learning outcomes and competences

- At the end of the course unit the learner is expected to be able to:
1. Deepen the understanding of the values and ethical principles of the therapeutic relationship.
 2. Promote ethical and human dimension in care.
 3. Understand the ethical implications inherent to the intervention in palliative care.
 4. Develop the ability to reflect on the ethical and legal analysis of the issues inherent in nursing practice.

Prerequisites

Not applicable

Course contents

1. Ethics, Morals, Deontology, Bioethics and Health Law; 2. Foundations of Bioethics; 3. Ethics principalist; 4. Person and Human Dignity; 5. Human Rights and Biomedicine; 6. Principles and Values in the Therapeutic Relationship; 7. Caring and Quality of Life in Palliative Care; 8. Ethical Dilemma and Decision Making; 9. Ethics Committees; 10. Moral and Ethical Issues in Palliative Care; 11. Legislation and Codes of Professional Conduct

Course contents (extended version)

1. Ethics, Morals, Deontology, Bioethics and (Bio)Law
2. Foundations of Bioethics
3. Ethics principalist
 - Autonomy, Beneficence, Non-Maleficence and Justice
4. Person and Human Dignity
5. Human Rights and Biomedicine
6. Principles and Values in the Therapeutic Relationship
 - Privacy, Informed Consent, Confidentiality
7. Caring and Quality of Life in Palliative Care: Human Dimension and Ethics
8. . Ethical Dilemma and Decision Making
9. Ethics Committees
10. Moral and Ethical Issues in Palliative Care
 - Diagnosis of sick person
 - Treatment of pain and other symptoms
 - Information to the person of the patient and family
 - Patient's right to truth, information, consent and refuse of treatment
 - Living Will
 - Limitation of therapeutic effort: Obstinacy Therapy / Suspension Treatment
 - Cardiopulmonary resuscitation / Not Resuscitate Order (DNR)
 - Request Euthanasia and Assisted Suicide
11. Legislation and Codes of Professional Conduct
 - Code of Ethics
 - Civil Code
 - Criminal Code
 - Conscientious Objection

Recommended reading

1. Archer, L. , Biscaia, J. & Osswald, W. (2001). Novos Desafios à Bioética. Porto: Porto Editora.
2. Curado, M. (2008). Direito Biomédico. Lisboa: Quid Júris.
3. Neves, M. C. P. (Coord.) (2007). Comissões de Ética: Das Bases Teóricas à Atividade Quotidiana. Coimbra: Gráfica de Coimbra 2.
4. Pacheco, S. (2014). Cuidar a Pessoa em Fase Terminal. Lisboa: Lusodidata.
5. Osswald, W. (2014). Da Vida à Morte. Horizontes da Bioética. Lisboa: Gradiva.

Teaching and learning methods

Theoretical development using multimedia support. Analysis and reflexion on scientific papers and clinical cases

Assessment methods

1. Final grade - (Regular, Student Worker) (Final)
 - Case Studies - 40%
 - Final Written Exam - 60% (Final written exam covering the whole sphere.)
2. Exam resource - (Regular, Student Worker) (Supplementary, Special)
 - Final Written Exam - 100% (Final written exam covering the whole sphere.)

Language of instruction

Portuguese

Electronic validation			
Maria José Almendra Rodrigues Gomes	Ana Maria Nunes Português Galvão	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes
16-01-2024	17-01-2024	17-01-2024	18-01-2024

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