

Course Unit	Paediatric Palliative Care		Field of study	Health Sciences	
	Postgraduate in Palliative Care		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	ECTS credits 6.0
Type	Semestral	Semester	1	Code	5037-794-1104-00-23
Workload (hours)	162	Contact hours	T - TP 40 PL - TC - S 10 E - OT 10 O -		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Cândida Sofia Fernandes Cancelinha, Emília Maria da Silva Fradique

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Know and understand the basic principles of different symptoms and provide relief to child and families, contributing to a better quality of life.
2. Assess the child and family with uncontrolled symptoms and propose strategies and interventions to resolve the problems.
3. Demonstrate skills in implementing a care plan to the Child / family with chronic illness, advanced and progressive, always in collaboration with the interdisciplinary team.

Prerequisites

Before the course unit the learner is expected to be able to:
no prerequisites

Course contents

Principles and specificities of Pediatric Palliative Care; Organization and articulation of services; Communication in Pediatric Palliative Care; Aspects of Child and Adolescent Development; Grief Support; Control of general symptoms; Control of Respiratory, Gastrointestinal I, Neurological, Psychiatric, Dermatological and Systemic Symptoms; Social intervention and the role of the school; Peri- and neonatal palliative care; End-of-life care; Supports the Family;

Course contents (extended version)

1. Principles and specificities of Pediatric Palliative Care
 - Organization and articulation of services
 - Communication in Pediatric Palliative Care
 - Peri- and neonatal palliative care
2. Aspects of Child and Adolescent Development
3. Oncology Pain Management Basic principles of drug treatment of cancer pain. Opioids
4. Analgesics Drugs Concept multimodal analgesia / balanced Intervention strategies for pain
5. Control of Respiratory Symptoms: Control of Gastrointestinal Symptoms
 - Dyspnoea • Cough • Rales • Hiccups
 - Xerostomia ;Mucositis ;Nausea and vomiting; Dysphagia ;Anorexia - Cachexia ;Constipation
6. Control of Symptoms and dermatological Systemic symptoms
 - Asthenia; Itching and sweating
7. Urgency in Pediatric Palliative Care
8. Care in Agony / Hipodermoclise
 - Supports the Family;
9. Sedation in Palliative Care
10. Information management in palliative care
11. Social intervention and the role of the school

Recommended reading

1. Oliveira, G.; Albuquerque, M.E. (2022) - Cuidados Paliativos Perineonatais. O essencial. Rei dos Livros
2. Salazar, H. , Duarte, J. (2017). A comunicação em Cuidados Paliativos: Uma estratégia fundamental. In H. Salazar (Coord). Intervenção Psicológica em Cuidados Paliativos (pp. 1-46). Pactor
3. Abejas, A. G. , Duarte, C. (2021). Humanização em Cuidados Paliativos. Lisboa: Lidel.
4. Integrating palliative care and symptom relief into paediatrics: a WHO guide for health care planners, implementers and managers.(2018) Geneva: World Health Organization
5. da Silva, L.J.; Ferrão, M.J.; Brites, M. (2022) - Cuidados Paliativos Pediátricos. By the Book.

Teaching and learning methods

Theoretical-practical online classes with exposition of the themes. Presentation of practical cases for analysis, reflection and discussion. Analysis and reflection of scientific articles. Practical application of skills through dynamics

Assessment methods

- Written exam - (Regular, Student Worker) (Final, Supplementary, Special)
- Intermediate Written Test - 70%
- Development Topics - 30%

Language of instruction

Portuguese

Electronic validation

Maria José Almendra Rodrigues Gomes	Ana Maria Nunes Português Galvão	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes
18-01-2024	18-01-2024	19-01-2024	21-01-2024