

Course Unit	Palliative Care; Organization of services and team work		Field of study	Health Sciences	
	Postgraduate in Palliative Care		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	ECTS credits 6.0
Type	Semestral	Semester	1	Code	5037-794-1101-00-23
Workload (hours)	162	Contact hours	T -	TP 40	PL -
			TC -	S 10	E -
			OT 10	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Ana Maria Neves Rocha, Margarida Isabel Cardoso dos Santos Freitas Alvarenga, Sara Margarida Rodrigues Gomes

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Meet the models of organization and management of the different levels of Palliative Care adquirindo skills for organization of teamwork
2. Know of a comprehensive and integrated philosophy of palliative care, involving patients and families in decision-making;
3. Knowing and applying systematically records for early detection and monitoring of problems (ESAS, POS, PPS and other rating scales)
4. Develop and implement plans for evaluating the quality of care and education and training of professionals

### Prerequisites

Not applicable

### Course contents

Principles and Philosophy of Palliative Care Typology of Patients and Services Organization Services Organization and Teamwork in Palliative Care Organizational skills to manage information, maintain records and teamwork. Evaluation and Continuous Improvement of Quality. Principles and Practice.

### Course contents (extended version)

1. Principles and Philosophy of Palliative Care
2. Typology of Patients and Services Organization
3. Decision making in Palliative Care
4. Principles and Models of Palliative Care Organization
5. Models of Palliative Care to the Sick
6. Basic instruments of Palliative Care
7. Teamwork in Palliative Care
8. Organizational skills to manage information, maintain records and teamwork.
9. Evaluation and Continuous Improvement of Quality. Principles and Practice.

### Recommended reading

1. ANCP- Associação Nacional de Cuidados Paliativos (2008). Recomendações para a Organização de Serviços de Cuidados Paliativos. <http://www.apcp.pt>
2. Barbosa, A. ; Neto, I. ; Galriça (2006). Manual de Cuidados Paliativos. Lisboa: Centro Bioética-FML.
3. Gomez-Batiste, Xavier et al (2005). Organização de Serviços e Programas de Cuidados Paliativos. ARAN.
4. Direção Geral de Saúde (2010). Programa Nacional de Cuidados Paliativos.
5. De Lima L, Perez-Castells M, Berenguel M, Monti C, Aguilar A, Ahumada M, Ramirez L, TorresVigil I, Vargas Y, Herrera E, (2013). Indicadores de Cuidado Paliativo ALCP. 1a edicion. Houston: IAHP Press.

### Teaching and learning methods

Expository method with supporting slides, Exercises, case studies and small group discussion Simulation reflection Based learning portfolio to encourage students to document their performance with a diverse range of educational activities.

### Assessment methods

1. Exam - (Regular, Student Worker) (Final)
  - Final Written Exam - 60% (Assessing learning of theoretical taught)
  - Practical Work - 40% (where students document their performance in educational activities.)
2. Exam - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100% (Evaluation in single test of all content taught)

### Language of instruction

Portuguese

### Electronic validation

Maria José Almendra Rodrigues Gomes	Ana Maria Nunes Português Galvão	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes
16-01-2024	17-01-2024	17-01-2024	18-01-2024