

Course Unit	-	Field of study	-
Master in	Long Term Care	School	School of Health
Academic Year	2016/2017	Year of study	1
Type	Semestral	Semester	2
Level	2-1	ECTS credits	6.0
Code	1350-478-1202-00-16		
Workload (hours)	162	Contact hours	T - TP 35 PL - TC - S 15 E - OT 10 O -

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Paula Eduarda Lopes Martins

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Understand the specific requirements of working in Continuing Care and Hospice
2. Know the specificity of the intervention in Palliative and long term care along the life cycle;

Prerequisites

Before the course unit the learner is expected to be able to:
No prerequisites

Course contents

Principles and foundations of palliative care;
Conceptual Approach: Continuity of Care experience in the rest of Europe and World;
Needs Assessment and Continuing Care;
Policy and Provision of Continuing Health Care;
Indicators of health gains: prevention of health care associated Health Care in the Child, Adolescent, Adult and Elderly Geriatric care at the end of life;
Organization of the carers.

Course contents (extended version)

1. Principles and foundations of continuous and palliative care
 - Long Term Care model recommended for Portugal;
 - Evolution Needs and Long Term Care in Portugal.
2. Long Term Care in the World; Needs Assessment and Long Term Care .
3. Health Policy and Provision of Health Long Term Care :
 - Contextual and conceptual approach;
 - Person-centered care and caregiver.
4. Long Term and Palliative Care in Children and Adolescents.
 - The health of children and adolescents in long term care: guiding principles;
 - Early Intervention for children with disabilities;
 - Carers Parents, family and multidisciplinary team care for the child and adolescent
5. Contextualization and characterization of Long Term and Palliative Care in adults / elderly.
 - Indicators of health gains: Prevention of Health Care Associated Infections
6. Aging and chronic disease; Characterization of geriatric patients.
7. Specific aspects that characterize the disease in the elderly:
 - Peculiarities of drug therapy in the elderly;
 - Continuity of care in terms of major changes in NHB.
8. Geriatric care at the end of life.
9. Organization of systems providers face the new reality and future scenarios.

Recommended reading

1. Cuidados continuados: família, centro de saúde e hospital como parceiros no cuidar - Augusto Berta M. J. et al. - Coimbra : Formasau, 2002.
2. Direcção Geral da Saúde, 2004. Programa Nacional para a Saúde das Pessoas
3. Direcção Geral da Saúde, 2004. Programa Nacional de Cuidados Paliativos. Circular
4. Guerreiro, Inês Presidente da Comissão Para o Desenvolvimento dos Cuidados de Saúde às Pessoas Idosas e às Pessoas em Situação de Dependência (2006) - Jornada Técnica sobre Cuidados Continuados.
5. Ministério da Saúde. Decreto-Lei nº 101/2006, de 6 de Junho – Cria a Rede Nacional de Cuidados Continuados Integrados, em Diário da República, 1ª Série A (109), 3856 –

Teaching and learning methods

Expository Method Theoretical and practical lessons Seminars

Assessment methods

- Written exam - (Regular, Student Worker) (Final, Supplementary, Special)
 - Final Written Exam - 60%
 - Presentations - 40%

Language of instruction

Portuguese

Electronic validation

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