

Course Unit	-	Field of study	-
Master in	Long Term Care	School	School of Health
Academic Year	2016/2017	Year of study	1
Type	Semestral	Semester	2
Workload (hours)	162	Contact hours	T - TP 35 PL - TC - S 15 E - OT 10 O -
Level	2-1	ECTS credits	6.0
Code	1350-478-1202-00-16		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Paula Eduarda Lopes Martins

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:  
 1. Understand the specific requirements of working in Continuing Care and Hospice  
 2. Know the specificity of the intervention in Palliative and long term care along the life cycle;

#### Prerequisites

Before the course unit the learner is expected to be able to:  
 No prerequisites

#### Course contents

Principles and foundations of palliative care;  
 Conceptual Approach: Continuity of Care experience in the rest of Europe and World;  
 Needs Assessment and Continuing Care;  
 Policy and Provision of Continuing Health Care;  
 Indicators of health gains: prevention of health care associated Health Care in the Child, Adolescent, Adult and Elderly Geriatric care at the end of life;  
 Organization of the carers.

#### Course contents (extended version)

1. Principles and foundations of continuous and palliative care
  - Long Term Care model recommended for Portugal;
  - Evolution Needs and Long Term Care in Portugal.
2. Long Term Care in the World; Needs Assessment and Long Term Care .
3. Health Policy and Provision of Health Long Term Care :
  - Contextual and conceptual approach;
  - Person-centered care and caregiver.
4. Long Term and Palliative Care in Children and Adolescents.
  - The health of children and adolescents in long term care: guiding principles;
  - Early Intervention for children with disabilities;
  - Carers Parents, family and multidisciplinary team care for the child and adolescent
5. Contextualization and characterization of Long Term and Palliative Care in adults / elderly.
  - Indicators of health gains: Prevention of Health Care Associated Infections
6. Aging and chronic disease; Characterization of geriatric patients.
7. Specific aspects that characterize the disease in the elderly:
  - Peculiarities of drug therapy in the elderly;
  - Continuity of care in terms of major changes in NHB.
8. Geriatric care at the end of life.
9. Organization of systems providers face the new reality and future scenarios.

#### Recommended reading

1. Cuidados continuados: família, centro de saúde e hospital como parceiros no cuidar - Augusto Berta M. J. et al. - Coimbra : Formasau, 2002.
2. Direcção Geral da Saúde, 2004. Programa Nacional para a Saúde das Pessoas
3. Direcção Geral da Saúde, 2004. Programa Nacional de Cuidados Paliativos. Circular
4. Guerreiro, Inês Presidente da Comissão Para o Desenvolvimento dos Cuidados de Saúde às Pessoas Idosas e às Pessoas em Situação de Dependência (2006) - Jornada Técnica sobre Cuidados Continuados.
5. Ministério da Saúde. Decreto-Lei nº 101/2006, de 6 de Junho – Cria a Rede Nacionalde Cuidados Continuados Integrados, em Diário da República, 1ª Série A (109), 3856 –

#### Teaching and learning methods

Expository Method Theoretical and practical lessons Seminars

#### Assessment methods

- Written exam - (Regular, Student Worker) (Final, Supplementary, Special)
- Final Written Exam - 60%
- Presentations - 40%

#### Language of instruction

Portuguese

#### Electronic validation

Paula Eduarda Lopes Martins	Maria Augusta Pereira da Mata	Maria Helena Pimentel
07-01-2017	30-01-2017	01-02-2017