

Course Unit	Quality, Safety and Sustainability in Construction			Field of study Construction Management and Legislation			
Bachelor in	Civil Engineering			School	School of Technology and Management		
Academic Year	2023/2024	Year of study	3	Level	1-3	ECTS credits 6.0	
Туре	Semestral	Semester	1	Code	9089-322-3105-00-23		
Workload (hours)	162	Contact hours	T - TP	60 PL - T	c - s -	E - OT - O -	
T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other							
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Name(s) of lecturer(s)

Jorge Pedro Lopes, Rui Alexandre Figueiredo de Oliveira, Sílvia Maria Afonso Fernandes

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

- t the end of the course unit the learner is expected to be able to:

 Know the legislation applied to health, hygiene and safety on construction site. (S)

 Apply risk analysis and methods of risk assessment, and implement preventive and management measures in construction works. (S)

 Know the rules for the implementation of the safety management system and respective specifications. (S)

 Demonstrate knowledge of the Portuguese Quality System. (Q)

 Interpret quality standards and identify the regulatory requirements related to construction products. (Q)

 Demonstrate knowledge of quality control of construction products and construction processes. (Q)

 Know the sustainability and sustainable construction concepts and identify methods and practices of Environmental Impact Assessment. (E)

 Understand the legislation and international standards associated with the environment, particularly those related with the construction industry. Elaborate waste prevention and management plans. (F) prevention and management plans. (E)

Prerequisites

- Before the course unit the learner is expected to be able to:
 1. Demonstrate knowledge of basic statistics
 2. Demonstrate knowledge of construction methods and construction technologies
 3. Demonstrate basic knowledge of English

Course contents

S: Safety at workplace; Personal and collective protection equipment; Analysis and assessment of risk; Check-lists; Safety management systems; Q: Quality in Construction. The Portuguese Quality System; The ISO 9000 family of standards; Product certification and CE Marking. Quality control. E: Environmental challenges; Sustainable development and sustainable construction. Environmental impact assessment; The Waste Framework Directive; Construction and demolition waste management. .

Course contents (extended version)

- 1. Safety at the workplace
- Legislation and Directives related to Safety, Hygiene and Health at work
 Analysis and assessment of risks
- 3. Personal and collective protection equipment
- 4. Safety Coordination
- Safety Coordination
 Legislation decree-law 273/2003
 Role and responsibilities of the Safety Coordinator at design and execution phases
 The Safety and Health Plan: objectives, structure, phases of development and legal obligations.

 Analysis of hazards and risks in construction works

 Observation for the safety and protection works.

- Checklists for safety in construction works
 Checklists for monitoring construction works
 Checklists for monitoring construction works and construction equipment
 Safety management system
 Occupational health and safety management systems. OHSAS 18001 Standard (NP 4397)

- Introduction to Quality
 The Portuguese Quality System
 ISO 9000 family of Standards
 Products certification and CE marking
- Quality control and implementation
 Organizational structures

 - The actors and their responsibilities
 Interpretation of main documents
- Quality management techniques
 Project design quality assessment
 Environmental challenges in the construction industry
 Construction and the environment
- Construction and the environment
 Sustainable development and sustainable construction
 Construction and Demolition Waste (CDW). Waste prevention and management plan
 CDW: Collection, sorting and transport of waste

 1. Environmental Management
 Legislation applied to the environment
 ISO14000 famility of Standards

- Environmental Assessment
 Legal Regime of the Environmental Impact Assessment
 - Environmental impact assessment

Recommended reading

- Normas e legislação nacional e comunitária aplicadas às temáticas de Qualidade, Segurança e Ambiente.
 Pinto, Abel; Manual de Segurança: Construção, Conservação e Restauro de Edificios, 2ªed., Edições Sílabo, Lisboa, 2005.
 Juran, J. M., Godfrey, A. B. (1998) Quality Handbook, McGraw-Hill.
 CIB Agenda 21 on Sustainabe Construction-CIB Report Publication 237
 Decreto-lei nº 102 D/2020- Regime Geral de Gestão de Resíduos

Teaching and learning methods

The course unit will be taught through a combination of lectures, practical classes aimed at the resolution of practical exercises and development of individual/group

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Assessment methods

- Alternative 1 (Regular, Student Worker) (Final)

 Practical Work 100% (Practical works covering 3 different parts of the course contents. Discussion of the works)

 Alternative 2 (Regular, Student Worker) (Final, Supplementary, Special)

 Final Written Exam 100%

Language of instruction

- 1. Portuguese 2. English

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Liectionic validation			
Jorge Pedro Lopes, Rui Alexandre Figueiredo de Oliveira, Sílvia Maria Afonso Fernandes	Flora Cristina Meireles Silva	António Miguel Verdelho Paula	José Carlos Rufino Amaro
15-10-2023	15-10-2023	16-10-2023	31-10-2023