

Course Unit	Theory of Performing Arts		Field of study	-	
Bachelor in	Arts Recreation and Production		School	School of Education	
Academic Year	2025/2026	Year of study	1	Level	1-1
Type	Semestral	Semester	1	ECTS credits	5.0
Code	9933-822-1106-00-25				
Workload (hours)	135	Contact hours	T -	TP 40	PL -
			TC -	S -	E -
			OT 14	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) **Helena Maria Lopes Pires Genésio**

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Identify the chronological framework of people and events - from antiquity to the modern age
2. Understand the most relevant aesthetic and artistic movements in the performing arts over time
3. Argue and substantiate your own opinions about the performing arts
4. Recognize dramatic works of reference in the history of theater: from classical theater to modern theater

Prerequisites

Before the course unit the learner is expected to be able to:
Without pre-requirements.

Course contents

From antiquity to modern theater:
The thinkers. The authors. The works.
Theatrical, aesthetic and artistic movements.

Course contents (extended version)

1. From antiquity to modern theater: the thinkers; the authors; the works.
2. Aristotle's "Poetics"
3. Theatrical, aesthetic and artistic movements throughout time: from Plato to Brecht
4. New conception of the show: the role of the director.
Bertold Brecht and epic theater
5. New conception of the show: the role of the director.
Luigi Pirandello and the metatheater
6. New conception of the show: the role of the director.
A. Artaud and the theater of cruelty
7. Theater of the Absurd as an avant-garde movement: Ionesco and Beckett
8. Renovation/ Innovation theatre aesthetics: Peter Brook;

Recommended reading

1. Gassner, John (2005) *Mestres do Teatro I e II*; Coleção Estudos. Editora Perspectiva
2. Borie, M., Rougemont, M., Scherer, J. (2012). *Estética Teatral, Textos de Platão a Brecht. (2ªed)* Lisboa: Fundação Calouste Gulbenkian.
3. Sarrazac J. P. (2017) *Poética do drama moderno - de Ibsen a Koltès*; Editora Perspectiva Lda.
4. Solmer, A. *Manual de Teatro*; Lisboa: Contracena
5. Aristoteles; *A Poética*; Fundação Calouste Gulbenkian; Lisboa

Teaching and learning methods

Promote the review, reading, critical reading, writing, commentary and discussion of works that are crucial to aesthetic, artistic and theatrical training
Use different instruments that provide knowledge of the evolution of performing arts.
Develop the ability to relate aesthetic, social and historical movements to reference dramatic works

Assessment methods

1. Continuous evaluation Alternative 1 - (Regular, Student Worker) (Final)
 - Practical Work - 50%
 - Intermediate Written Test - 50%
2. Evolution: Exam of Appeal and Special Season - (Regular, Student Worker) (Supplementary, Special)
 - Final Written Exam - 100%

Language of instruction

Portuguese

Electronic validation

Helena Maria Lopes Pires Genésio	Jacinta Helena Alves Lourenço Casimiro da Costa	António José Santos Meireles	Carlos Manuel Costa Teixeira
23-01-2026	05-02-2026	16-03-2026	17-03-2026