

Course Unit	Music and Voice		Field of study	Music	
Bachelor in	Arts Recreation and Production		School	School of Education	
Academic Year	2023/2024	Year of study	2	Level	1-2
Type	Semestral	Semester	1	ECTS credits	10.0
			Code	9933-660-2103-00-23	
Workload (hours)	270	Contact hours	T	-	TP
			54	PL	45
			TC	-	S
			-	E	-
			OT	18	O
			-		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Isabel Ribeiro de Castro

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. To know and understand the importance of the speech apparatus and the qualities of the voice.
2. Identify vocal sounds.
3. Interact in the sharing of knowledge about different genres / vocal styles through personal, social and academic experiences.
4. Organize vocal groups.
5. Develop musical projects in different educational and community contexts.

Prerequisites

Not applicable

Course contents

1. Voice and speech: concepts and differences; 2. the voice as a working tool; 3. correct use of voice: vocal health; 4. The musical expression and the voice; 5. Vocal projects.

Course contents (extended version)

1. Talk about the voice with the voice.
2. Use of voice with different objectives in the educational context.
3. Techniques and exercises that take care of the voice.
4. Use the voice to sing: a way to learn music.
5. Creation of musical projects.

Recommended reading

1. Amato, R. (2010). Manual de Saúde Vocal na Teoria e prática da voz falada para professores e comunicadores. Atlas. São Paulo.
2. Castro, M. I. R. de (2020). Embalar a cantar: características e efeitos da canção de embalar. Bragança: União de Freguesias de Sé, Santa Maria e Meixedo. ISBN 978-989-33-0590-4.
3. Guimarães, I. (2007). A ciência e a arte da voz humana. 1.ª edi, Escola Superior de Sade de Alcoitão. Alcabideche.
4. Ferrão, A. (2002). Cantar é como respirar. In Revista de Educação Musical. Lisboa: apem, nº112
5. Zemach-Bersin, D. (2007). Ejercicios de Relajacion. Una manera sencilla de mantener la salud y la forma física. Barcelona. Piados

Teaching and learning methods

1. Theoretical component; 2. Practical component.

Assessment methods

1. Continuous evaluation - (Regular, Student Worker) (Final, Supplementary)
 - Projects - 50%
 - Presentations - 50%
2. Examination evaluation - (Regular, Student Worker) (Final, Supplementary)

Language of instruction

1. Portuguese
2. Portuguese, with additional English support for foreign students.

Electronic validation

Maria Isabel Ribeiro de Castro	Jacinta Helena Alves Lourenço Casimiro da Costa	António José Santos Meireles	Carlos Manuel Costa Teixeira
20-02-2024	21-02-2024	21-02-2024	25-02-2024