

Course Unit	Physical and Motor and Artistic Expressions		Field of study	Training in Teaching Area	
Bachelor in	Basic Education		School	School of Education	
Academic Year	2023/2024	Year of study	3	Level	1-3
Type	Semestral	Semester	1	ECTS credits	6.0
Code	9853-531-3102-00-23				
Workload (hours)	162	Contact hours	T -	TP 18	PL 36
			TC -	S -	E -
			OT 18	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Jacinta Helena Alves Lourenço Casimiro da Costa, Pedro Miguel Monteiro Rodrigues

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. To recognize the nature and meaning of the artistic expressions (dramatic, musical and plastic) and physical-motor expression while educational domains.
2. To understand the importance of artistic expressions (dramatic, musical and plastic) and physical-motor expression in the holistic development/training of children and young people.
3. To master specific vocabulary, techniques, skills and abilities, in order to structure and develop teaching-learning situations in artistic expressions and physical-motor expression.
4. To master theoretical knowledge essential to the action of plan/create, produce and evaluate projects of artistic activities (dramatic, musical and plastic) and physical-motor expression.

### Prerequisites

Before the course unit the learner is expected to be able to:  
Without pre-requirements

### Course contents

1. The Physical and Motor Expression; 2. The Dramatic Expression; 3. Musical Expression; 4. The Plastic Expression; 5. The artistic and physical-motor expressions in a interdisciplinary and integrative perspective.

### Course contents (extended version)

1. The Physical and Motor Expression:
  - nature and meaning of physical and motor expression in basic education
  - The role of physical and motor expression in the global development of children and young people
  - Guiding principles of pedagogical intervention on physical and motor expression
  - Preparation, implementation, monitoring and evaluation of teaching-learning situations
2. Dramatic Expression/Theatre
  - Essential Learning in Dramatic Expression/Theater in the 1st Cycle of Basic Education
  - Curriculum Guidelines in Dramatic Game/Theater in Preschool Education
  - The expression-action, dramatization and teatralization
  - The educational profile of the educator/teacher: animator, observer, participant
3. The Musical Expression:
  - the human body as a musical instrument in music education;
  - know different forms of musical expression;
  - preparation of interdisciplinary musical projects;
  - apply musical expression in educational contexts.
4. The Plastic Expression
  - Curricular Guidelines and Learning Goals in the field of Plastic and Visual Expression
  - Stages of plastic-graphical development and research on the field of art and education
  - Methodological and practical principles to the implementation of visual and plastic activities
  - Experimentation, personal discoveries and reflection on the processes and work products
5. The artistic and physical-motor expressions in an interdisciplinary and integrative perspective

### Recommended reading

1. Castro, M. I. R. de (2012). Quando cantar vem do coração: uma abordagem metodológica. EduSer: Revista de Educação. Bragança: Instituto Politécnico de Bragança, E. S. E. p. 87-98
2. Cunha, J. (2013). Da abordagem Orff-Schulwerk ao desenvolvimento do 'eu Musical': Flow em processos de ensino/aprendizagem em educação musical. Tese de doutoramento. Braga: Universidade do Minho.
3. Gomes, J. (2012). Práticas dramáticas e competências essenciais. In M. Vieites, J. Pereira, & M. Lopes, Teatro e intervenção social (pp. 79-88). Chaves: Ed. Intervenção.
4. Marques, E. (2011). O Espaço da Arte na Educação. In J. B. Xavier. Arte e Delinquência, pp. 67-81. Lisboa: Fundação Calouste Gulbenkian.
5. Nuere, S. (2012). Arte, jogo e criatividade. Madrid: Editorial Eneida.

### Teaching and learning methods

The curricular unit is organized into 4 modules that relate to each of the areas of expression developed throughout the semester, using 3 types of sessions: - Theoretical-practical (pedagogic content approach) - Laboratory practice (experience of contents of practical nature) - Tutorial guidance (monitoring, analysis and discussion of the theoretical and practical work developed and presented)

### Assessment methods

1. Continuous assessment - (Regular, Student Worker) (Final)
  - Projects - 50% (a) Design of the project 35% b) Oral presentation 15% (group task))
  - Practical Work - 50% (Practical individual work to be carried out in each of the areas of expression)
2. Exam assessment - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 50% (The final written exam will integrate contents of the 4 areas of expression)
  - Practical Work - 50% (Weighting of the practical work corresponds to the classification obtained on continuous assessment)

Language of instruction

1. Portuguese  
2. Portuguese, with additional English support for foreign students.

Electronic validation			
Jacinta Helena Alves Lourenço Casimiro da Costa, Pedro Miguel Monteiro Rodrigues	Helena Maria Lopes Pires Genésio	Maria Cristina do Espírito Santo Martins	Carlos Manuel Costa Teixeira
15-12-2023	21-12-2023	02-01-2024	11-02-2024

This document is valid only if stamped in all pages.