

Course Unit	Option 2 - Psychology of Music		Field of study	Music	
Bachelor in	Music in Community Contexts		School	School of Education	
Academic Year	2022/2023	Year of study	2	Level	1-2
Type	Semestral	Semester	1	ECTS credits	4.0
Code	9175-659-2102-03-22				
Workload (hours)	108	Contact hours	T -	TP 36	PL -
			TC -	S -	E -
			OT 9	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Isabel Ribeiro de Castro, Pedro Augusto Oliveira Salgueiro

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. knows and analyses the psychological influence of the music in the behaviours in professional context and others;
2. understand the impact of the music in the processes of teaching and apprenticeship;
3. understand the importance of the music in the social, emotional and cognitive behaviour of the child, young persons and adults;
4. apply knowledge of Research Methodology in the interpretation and critical analysis of scientific production in Psychology of Music;
5. capacity building in relation to the collection and information selection in Psychology of Music;
6. understand and identify unique problems within the research of the Psychology of Music
7. acquire skills for making and project design in Psychology of Music;
8. purchasing strategies in the Psychology of Music in various formal and informal;

### Prerequisites

Before the course unit the learner is expected to be able to:  
None.

### Course contents

1. Observe human behavior from music: ; 2. The influence of music on human behavior; 3. Critical analysis of research studies within the Psychology of Music; 4. Definition of studies in the areas of Psychology of Music; 5. Norms and rules referring to the conception of research projects in the Psychology of Music; 6. Definition of situations and scenarios in different school and non-school contexts.

### Course contents (extended version)

1. Observe human behavior from music:
  - look at music in human behavior.
  - musical development in the social world.
2. The influence of music on human behavior:
  - parallel studies on the relevance of music in human beings.
3. Critical analysis of research studies within the Psychology of Music:
  - learn about projects in the area of Psychology of Music.
4. Definition of studies in the areas of Psychology of Music:
  - important concepts and mentors.
5. Norms and rules referring to the design of research projects in the Psychology of Music:
  - encourage research.
6. Definition of situations and scenarios in different school and non-school contexts:
  - projects related to the psychology of music.

### Recommended reading

1. Araujo, R.C.; Cavalcanti, C. R. P.; Figueiredo, E. (2010). Motivação para pratica musical no ensino superior: três possibilidades de abordagens discursivas. Revista da ABEM, 24, p. 34-44.
2. Castro, M. I. R. de (2020). Embalar a cantar: características e efeitos da canção de embalar. Bragança: União de Freguesias de Sé, Santa Maria e Meixedo. ISBN 978-989-33-0590-4.
3. Díaz, L. (2010). Música, lenguaje y emoción: una aproximación cerebral. (Spanish). Salud Mental, 33(6), 543-551.
4. Hodges, S., Sebald, D. (2011). Music in the human experience: An introduction to music psychology. New York: Routledge
5. Pereira, C., et al. (2011). Music and Emotions in the Brain: Familiarity Matters. Plos ONE, 6(11), 1-9. doi: 10. 1371/journal.

### Teaching and learning methods

Analysis of research articles in Psychology of Music, Discussion of research papers in Psychology of Music; Supervision of documentary research in the field of Psychology of Music; Guidance work in Psychology of Music, planning and supervision of projects research.

### Assessment methods

1. Alternative 1 - (Regular, Student Worker) (Final)
  - Presentations - 50% (Two research assignments (in group or individual))
  - Work Discussion - 50% (Individual assessment in defense of the two defined works.)
2. exam evaluation - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100%

### Language of instruction

1. Portuguese
2. Portuguese, with additional English support for foreign students.

## Electronic validation

Maria Isabel Ribeiro de Castro, Pedro Augusto Oliveira Salgueiro	Paula Marisa Fortunato Vaz	Maria Isabel Ribeiro de Castro	Carlos Manuel Costa Teixeira
12-12-2022	12-12-2022	03-01-2023	04-01-2023