INSTITUTO POLITÉCNICO DE BRAGANÇA

Course Unit	Social Psychology and Group Dynamics			Field of study	Psychology		
Bachelor in	Social Education			School	School of Education		
Academic Year	2023/2024	Year of study	2	Level	1-2	ECTS credits	6.0
Type	Semestral	Semester	2	Code	9084-628-2203-00-23		

Workload (hours)	162	Contact hours	T -	TP 54	PL -	TC -	S -	E -	OT 18	O -

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s): Pedro Augusto Oliveira Salgueiro

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. • Applies the processes of change in behavior and attitudes.
2. • Knows the theories underlying the social construction of knowledge and processes of social influence.
3. • Knows the basic processes of group dynamics.
4. • Analyzes shortcomings in the group relationship .
5. • Applies the techniques of group dynamics in the resolution of intra malfunctions.

Prerequisites

Before the course unit the learner is expected to be able to:
No prerequisites.

Course contents

1. Social cognition and attitudes 2. Social influence 3. Prejudice and discrimination 4. Positive and negative social behaviour 5. Group dynamics

Course contents (extended version)

1. Social cognition and attitudes.
   - Forming and maintaining attitudes.
   - Persuasion: changing attitudes.
   - Social cognition: understanding others.
   - Atribucionais processes: understanding the causes of behavior.
   - Biases in the allocation: err is human.
2. Social influence.
   - Conformism: doing what others do.
   - Accession: direct submission and social pressure.
   - Obedience: according to direct orders.
3. Prejudice and discrimination.
   - The foundations of prejudice.
   - Trying to end the prejudice and discrimination.
4. Positive and negative social behavior.
   - Love, attraction and development of interpersonal relationships.
   - Aggression and pro-social behavior: hurt and help others.
5. Group dynamics.
   - The group as a social reality.
   - The internal organization of the group: formal and informal structures.
   - The importance of communication in group experience.
   - Verbal and nonverbal communication.
   - Styles of communication.
   - Functions and factors of effectiveness.
   - Processes of leadership.
   - Conflict management.

Recommended reading

1. Andreola, B. (2002) Dinâmica de grupo. Jogo da vida e didática do futuro. Editora Vozes.
2. Banaji, M. R &. Greenwald, A. G. (2013). Blindspot : hidden biases of good people. Delacorte Press.
3. Fiske, S. T. , & In Macrae, C. N. (2012). The SAGE handbook of social cognition. SAGE.
4. Levine, J. M. (Ed.) (2013). Group processes. Psychology Press.
5. Vala, J. , & Monteiro, M. B. (Eds.). (2017). Psicologia social (10ª ed.). Fundação Calouste Gulbenkian.

Teaching and learning methods

Analysis of texts of support. Analysis of cases collected by the student. Exhibitions theoretical. Group Discussion. Media Resource.

Assessment methods

1. Alternative 1 - (Regular, Student Worker) (Final)
   - Presentations - 50% (Group work research.)
   - Work Discussion - 50% (Individual assessment in the defense of group work.)
2. Alternative 2 - (Regular, Student Worker) (Supplementary, Special)
   - Final Written Exam - 100%

Language of instruction

Portuguese, with additional English support for foreign students.

This document is valid only if stamped in all pages.

Electronic validation

Pedro Augusto Oliveira Salgueiro	Paula Marisa Fortunato Vaz	Maria do Céu Ribeiro	Carlos Manuel Costa Teixeira
13-12-2023	14-12-2023	31-12-2023	11-02-2024

This document is valid only if stamped in all pages.