

Course Unit	Life Course Developmental Psychology		Field of study	Psychology	
Master in	Social Education – Education and Lifelong Intervention		School	School of Education	
Academic Year	2023/2024	Year of study	1	Level	2-1
Type	Semestral	Semester	1	ECTS credits	5.0
		Code			
		5017-629-1105-00-23			
Workload (hours)	135	Contact hours	T	-	TP
			30	PL	-
			TC	-	S
			-	E	-
			OT	15	O
			-		-

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Raquel Russo Prada, Paula Marisa Fortunato Vaz

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Understand the concepts of development and life cycle
2. Characterize the main life cycle theories
3. Describe risk and protective factors at each stage of human development
4. Understand the key principles of resilience
5. Outline proposals for intervention by the Social Educator in different contexts of human development throughout the life cycle

Prerequisites

Before the course unit the learner is expected to be able to:
None.

Course contents

1. Human development 2. Educational intervention in human development

Course contents (extended version)

1. Human development
 - Concepts of Development and Life Cycle
 - Historical and methodological background of the Life Cycle
 - Theories of Life Cycle
 - Course Theory of Life of Charlotte Bühler
 - Integrative and Multi model of Human Development of Paul Baltes
2. Educational intervention in Human Development
 - Risk , protection and resilience in development
 - Differential development contexts
 - The role of the Social Educator in different contexts

Recommended reading

1. Eccles, J. (2018). Contextual influences on life span/life course: a special issue of research in human development. Psychology Press.
2. Masten, A. S. (2014). Ordinary magic: resilience in development. Guilford.
3. Newman, B. M. , & Newman, P. R. (2017). Development through life: a psychosocial approach. Cengage Learning.
4. Santrock, J. (2019). Essentials of life-span development. McGraw Hill.
5. Ungar, M. (Ed.) (2012). The social ecology of resilience: a handbook of theory and practice. Springer.

Teaching and learning methods

Theoretical explanation, analysis and discussion of supporting texts and case studies, execution of worksheets, preparation of group work.

Assessment methods

1. Continuous assessment - (Regular, Student Worker) (Final)
 - Intermediate Written Test - 70% (Written test.)
 - Development Topics - 30% (Work group.)
2. Final exam - (Regular, Student Worker) (Supplementary, Special)
 - Final Written Exam - 100%

Language of instruction

1. Portuguese
2. Portuguese, with additional English support for foreign students.

Electronic validation

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02-12-2023	04-12-2023	04-12-2023	11-02-2024