

Course Unit	Life-course Prevention and Intervention to Deviancy		Field of study	Psychology	
Master in	Social Education – Education and Lifelong Intervention		School	School of Education	
Academic Year	2023/2024	Year of study	1	Level	2-1
Type	Semestral	Semester	1	ECTS credits	5.0
Workload (hours)		135	Contact hours	T - TP 30 PL - TC - S - E - OT 15 O -	
<small>T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other</small>					

Name(s) of lecturer(s) **Pedro Augusto Oliveira Salgueiro**

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Consider client life cycle stage in the promotion of prevention and intervention programs
2. Draw intervention strategies that consider the stage of change of the client
3. Identify intervention strategies that consider the principles of harm reduction
4. Analyze the adequacy of prevention / intervention programs according to the nature of deviant behavior; context; and intended purposes

Prerequisites

Before the course unit the learner is expected to be able to:
None.

Course contents

1. Principles behind deviancy prevention and intervention models
2. Promoting Treatment Adherence
3. Early Intervention in deviancy prevention
4. Prevention and Intervention programs during adolescence
5. Prevention and Intervention programs during adulthood

Course contents (extended version)

1. Principles behind deviancy prevention and intervention models
 - What works and what doesn't work
 - Intervention contexts: family, school, prison, community, street
 - Type of programs: individual, mentoring, group
2. Promoting Treatment Adherence
 - Prochaska and DiClemente Transtheoretical Model
 - Miller and Rollnick Motivational Interview
3. Early Intervention in deviancy prevention
 - Social competences programs
4. Prevention and Intervention programs during adolescence
 - On delinquency
 - On additive behaviors: alcohol, drugs, tobacco and gaming
 - On dating violence
5. Prevention and Intervention programs during adulthood
 - On intimate partners violence
 - On criminal reoffending and promoting reentry
 - In prostitution
 - On relapse
 - Harm reduction

Recommended reading

1. Calado, P. , & Duarte, V. (2015). Programa Escolhas: um contributo na prevenção da delinquência juvenil. In Neves (Org.). Violências na contemporaneidade: teorias e práticas. Edições ISMAI.
2. Miller, W. , & Rollnick, S. (2012). Motivational Interviewing: helping people change. Guilford Press.
3. Morgado, A. , & Vale-Dias, M. (2014). Adolescência e delinquência: variáveis significativas para a construção de um modelo explicativo. Psicologia, Saúde & Doenças, 15(1), 277-291.
4. Negreiros, J. (2008). Delinquências juvenis: Trajetórias, intervenções e prevenção. Livpsic, Legis Editora.
5. Rego, H. , Moreno, E. , & Carvalho, C. (2015). Programa de competências pessoais e sociais para adultos em exclusão social. Rev de Estudios e Investigación en Psicología y Educación, Vol. Extr. (8).

Teaching and learning methods

Lecturers, case analysis, individual and group activities, role-plays

Assessment methods

1. Frequency evaluation - (Regular, Student Worker) (Final)
 - Intermediate Written Test - 60% (Individual assessment: written test about theoretical issues)
 - Projects - 40% (Group work: critical review on the analysis of intervention programs in deviant behavior)
2. Exam Evaluation - (Regular, Student Worker) (Supplementary, Special)
 - Final Written Exam - 100% (Individual assessment: written exam)

Language of instruction

Portuguese

Electronic validation			
Pedro Augusto Oliveira Salgueiro	Paula Marisa Fortunato Vaz	Graça Margarida Medeiros Teixeira e Santos	Carlos Manuel Costa Teixeira
14-12-2023	21-12-2023	21-12-2023	11-02-2024

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