Name	Volunteering Initiative (internship)			Field of study	-		
Classification	Extracurricular Course/Project			School	Polytechnic Institute of Bragança		
Academic Year	2023/2024	Year of study	-	Level	-	ECTS credits	3.0
Type	Semestral	Semester	1	Code	9999-940-1022-00-23		

Workload (hours)	81	Contact hours	T	-	TP	-	PL	-	TC	-	S	-	E	-	OT	-	O	-

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s)	Anabela Rodrigues Lourenço Martins

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:
1. Understand the dynamics of the host institution regarding its organizational structure and its attitude towards the social responses
2. Identify the resources and the intervention needs
3. Apprehend several intervention techniques which might generate personal and social activities for the users/clients of the institutions
4. Promote education towards volunteerism and for the awareness regarding solidarity and active citizenship
5. Stimulate the implementation of intervention plans or programmes through volunteers
6. Create a source of knowledge and exchange of experiences, so that the student can acquire complementary skills to his/her academic formation
7. To develop generic skills

Prerequisites

Not applicable

Course contents

Participation in a multi-functional team; identification of intervention needs; organization and execution of social and educational actions

Course contents (extended version)

1. Participation in a multi-functional team
2. Participation, planning, implementation of social, cultural, recreational, occupational activities
3. Identification of needs and implementation of volunteer actions throughout the internship
4. Create and use resources through practice or learning of theoretical and practical knowledge
5. Building of new skills aiming at personal, educational and professional development
6. knowledge source and exchange of experiences, acquiring complementary skills
7. Development of generic skills

Recommended reading

1. Neves, J, & Simões, E., (2012). Research on ethics and social responsibility. Lisboa: Business Research Unit. ISCTE-IUL.
2. Guia do Voluntariado - http://www.voluntariado.pt/
3. Comissão das Comunidades Europeias COM(2001) 366 final / Bruxelas, 18.07.2001 Livro Verde - Promover um Quadro Europeu para a Responsabilidade Social das Empresas
4. Estudo de caraterização do voluntariado em Portugal - PROACT 2012- Unidade de Investigação e Apoio Técnico ao Desenvolvimento Local, à Valorização do Ambiente e à Luta contra a Exclusão Social
5. Reponsabilidade social das empresas: uma nova estratégia da UE para o período de 2011-2014

Teaching and learning methods

Social and educational intervention: Observation, Debate, Critical reflection. At the end of the internship, each group of students/institution must develop an oral presentation with powerpoint, in which the characterization of the institution must be described as well as a description of the developed activities. Positive, negative aspects and proposals for improvement must also be highlited.

Assessment methods

- Continuous evaluation, report, final presentation - (Regular, Student Worker) (Final, Supplementary, Special)
  - Reports and Guides - 0% (Brief description of the work developed with the subsections: objective; tasks; results; timeline.)
  - Reports and Guides - 5% (1. Type and title of internship (Social, Animal welfare, Internal, etc....)
  - Reports and Guides - 5% (Internship location and characterization Institutional supervisor, Internship target audience.)
  - Reports and Guides - 15% (2. Brief introduction to the concepts of Volunteering and the typology of Volunteering carried out.)
  - Reports and Guides - 10% (3. Objectives of the work developed.)
  - Reports and Guides - 15% (4. Activities developed and Schedule of activities developed (day/week/month).)
  - Reports and Guides - 10% (5. Main strengths of the internship developed and personal contributions to it.)
  - Reports and Guides - 10% (6. Main weaknesses of the internship and constraints encountered.)
  - Reports and Guides - 15% (7. Suggestions for improvement
    8. Conclusions)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Anabela Rodrigues Lourenço Martins	Vera Alexandra Ferro Lebres
18-01-2024	19-01-2024