

Course Unit	Child and Adolescent Psychology	Field of study	Psychology
Bachelor in	Social Education	School	School of Education
Academic Year	2023/2024	Year of study	1
Type	Annual	Semester	-
Level	1-1	ECTS credits	7.0
Code	9084-628-1003-00-23		
Workload (hours)	189	Contact hours	T - , TP 63, PL - , TC - , S - , E - , OT 18, O -

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Rosa Maria Ramos Novo

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Describe the key concepts of developmental psychology.
2. Differentiate concepts and core principles from some theories of child and adolescent development. .
3. Analyze the influence of the family, school and social media

#### Prerequisites

Before the course unit the learner is expected to be able to:  
None.

#### Course contents

1. Some key concepts of developmental psychology. 2. Some foundational models of development. 3. The importance of quality of attachment. 4. The educational influence of family, school and media.

#### Course contents (extended version)

1. Some key concepts of developmental psychology.
  - The notions of development, stage and life-span
2. Some foundational models of development and their social and educational implications
  - Cognitive and ludic development: Piaget and Vygotsky
  - Moral development of Piaget and Kolberg
  - The psychosocial development of Erik Erikson
3. The importance of quality of attachment (Bowlby & Mary Ainsworth).
4. The educational influence of family, school and media.

#### Recommended reading

1. Bee, L. H. & Boyd, D. (2019). The developing child. Pearson Editions.
2. Lerner, R. , Easterbrooks, M. , & Mistry, J. (2012). Handbook of Psychology, Volume 6, Developmental Psychology. Wiley & Sons, Inc
3. Levine, L. , & Munsch, J. (2020). Child Development - an active learning approach: from infancy to adolescence. Sage Publications, Inc.
4. Papalia, D. , & Martorelli, G. . (2022). Desenvolvimento Humano. Artmed Editora.
5. Shaffer, D. , & Kipp, K. (2013). Psicologia do Desenvolvimento: Infância e Adolescência. Editora Cengage Learning.

#### Teaching and learning methods

The students are encouraged to discuss argumentative and reflective of the themes under study. The development of research capacity and the collaborative construction of knowledge will be valued, making use of tintermediate proof written and validation of learning in a large group, and the development of projects in small groups, with presentation and debate in a large group

#### Assessment methods

1. Continuous evaluation - (Regular, Student Worker) (Final)
  - Intermediate Written Test - 60% (intermediate proof written)
  - Projects - 40% (group evaluation: review on relevant topic)
2. Exam Evaluation - (Regular, Student Worker) (Supplementary)
  - Final Written Exam - 100%
3. Alternative 3 - (Regular, Student Worker) (Special)
  - Final Written Exam - 100%

#### Language of instruction

Portuguese

#### Electronic validation

Rosa Maria Ramos Novo	Pedro Augusto Oliveira Salgueiro	Maria do Céu Ribeiro	Carlos Manuel Costa Teixeira
14-12-2023	14-12-2023	31-12-2023	11-02-2024