

Course Unit	Optional - Internship of professional nature with final report	Field of study	-
Master in	Community nursing in family health nursing	School	School of Health
Academic Year	2023/2024	Year of study	2
Type	Semestral	Semester	1
Level	2-2	ECTS credits	30.0
Code	5066-748-2101-01-23		
Workload (hours)	810	Contact hours	T - - TP - - PL - - TC - - S 20 E - - OT - - O 20

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Adília Maria Pires da Silva Fernandes, Eugénia Maria Garcia Jorge Anes, Manuel Alberto Morais Brás

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Develop a final report on a relevant topic, based on evidence, or on theoretical aspects that lead to the development of knowledge in Family Health Nursing
2. - Mobilize community resources to provide and manage specialized care for families, enabling them to meet the demands and specificities of their development.
3. - TProvide and manage specialized care for the family throughout the life cycle at the levels of primary, secondary, tertiary and quaternary prevention.

### Prerequisites

Before the course unit the learner is expected to be able to:  
Not applicable

### Course contents

-The expected result of this curricular unit is the demonstration of the development of transversal and specific skills of the specialist nurse and specialist in community nursing in the area of family health nursing, carrying out a professional internship, in the context of a CSP, Health Center in USF and/or UCSP functional units to provide and manage family health care throughout the entire life cycle, at all levels of prevention.

### Course contents (extended version)

1. - Carry out an internship based on evidence and specific EEECSF competencies with a final report.
2. Mobilize community resources, provide family care, empowering people to meet development demands
3. Provide specialized care to the family to promote adaptive responses to transitions.prevention.
4. Establish partnership with family based on strengths rather than pathology centrality
5. Analyze clinical decision-making, mobilizing ethical-legal, political-epistemological.
6. Document the care process using ICNP classified language.

### Recommended reading

1. Vilelas, J. (2017). Investigação o processo de construção do conhecimento. Lisboa: Edições Sílabo.
2. Alves, O., Morais, C., Barreiras, C., Cruz, M. & Lima, A. (2019). Health Literacy: The Reality of a Community in Alto Minho. Portuguese Journal Public Health, 1-7, DOI: 10.1159/000497073
3. Deodato, S. (2014). Decisão ética em enfermagem: do problema aos fundamentos para o agir. Coimbra: Almedina.
4. Figueiredo, M. H. J. S. (2012). Modelo dinâmico de avaliação e intervenção familiar: uma abordagem colaborativa em enfermagem de família. Loures: Lusociência.
5. Gottlieb, L. N. (2016). O Cuidar em enfermagem baseado nas forças: saúde e cura para a pessoa e família. Loures: Lusodidata.

### Teaching and learning methods

The UC will be operated in USF or UCSP, contexts of specialized practice, the student will be accompanied by a teacher and a cooperating advisor from the context where the internship takes place, and which aims to acquire the common skills of Specialist and Specific Nurses of the Nurse Specialist in Community Nursing in the area of Family Health Nursing (EECAESF).

### Assessment methods

- Final evaluation - (Regular, Student Worker) (Final)
- Work Discussion - 100% (USF/UCSP professional internship (30%)  
Presentation/discussion Final report public evidence. (70%))

### Language of instruction

Portuguese

### Electronic validation

Adília Maria Pires da Silva Fernandes, Eugénia Maria Garcia Jorge Anes, Manuel Alberto Morais Brás	Hélder Jaime Fernandes	Maria Eugénia Rodrigues Mendes	Olívia Rodrigues Pereira
11-01-2024	12-01-2024	12-01-2024	12-01-2024