

Course Unit	Internship in Family Health Nursing	Field of study	Nursing
Master in	Community nursing in family health nursing	School	School of Health
Academic Year	2023/2024	Year of study	1
Type	Semestral	Semester	2
Level	2-1	ECTS credits	15.0
Code	5066-748-1203-00-23		
Workload (hours)	405	Contact hours	T - - TP - - PL - - TC - - S 42 E - - OT - - O 242

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Adília Maria Pires da Silva Fernandes, Eugénia Maria Garcia Jorge Anes, Manuel Alberto Morais Brás

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. To analyze the social-political, ethical-legal, ideological and theoretical-methodological assumptions that guide the specialized action in Family Health Nursing;
2. To identify family's problems, in a sustainable way and recognize it as a transforming care unit;
3. To identify family's problems, in a sustainable way and recognize it as a transforming care unit;
4. To implement dynamics of intervention that promote the autonomy and empowerment of families and communities in the (re)construction of their life projects from a transdisciplinary point of view;
5. To document the specialized care process in Family Nursing;
6. To cooperate with the family considering the several intervention settings, based on health determinants;
7. To recognize the contributions of specialized intervention in family health nursing to his/her learning process;
8. To mobilize community resources to provide care to the family.

Prerequisites

Before the course unit the learner is expected to be able to:
not applicable

Course contents

Specialized nursing intervention to the family as a care unit and to each of its members, at the different levels of prevention; Documentation of the care process
Reflection on evidence-based practice.

Course contents (extended version)

1. Specialized nursing intervention for the family as a care unit and its members.
2. Action at all levels of prevention. Documentation of the care process
3. Reflection on evidence-based practice.

Recommended reading

1. Figueiredo, M H J S. (2012). Modelo dinâmico de avaliação e intervenção familiar: uma abordagem colaborativa em enfermagem de família. Loures: Lusociência.
2. Torrão, J D B, Mata, M A, & Pimentel, M H. (2019). Cuidar a pessoa com demência no domicílio: características do cuidador e sobrecarga. INFAD Rev. de Psicologia, 2(2), 73-86.
3. Shajani, Z.; Snell, D. (2023). Wright & leahey's nurses and families : a guide to family assessment and intervention.

Teaching and learning methods

The UC will be operationalized in conjunction with the contexts of specialized practice in which the student will be accompanied by a teacher and a cooperative tutor in the context where the internship takes place, and aims to acquisition of the specific skills of the specialist EC AESF

Assessment methods

- Alternative 1 - (Regular, Student Worker) (Final)
 - Practical Work - 60% ((Continuous assessment of performance 50%; self-assessment 10%))
 - Projects - 40% ((Training project 10% and Training report 30%))

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

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20-05-2024	22-05-2024	11-06-2024	11-06-2024