

Course Unit	Communication in Family Health Nursing	Field of study	Nursing
Master in	Community nursing in family health nursing	School	School of Health
Academic Year	2023/2024	Year of study	1
Type	Semestral	Semester	2
Level	2-1	ECTS credits	5.0
Code	5066-748-1201-00-23		
Workload (hours)	135	Contact hours	T 8 TP 16 PL 12 TC - S - E - OT - O 36

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Ana Sofia Coelho de Carvalho

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. To recognize families as a communication and interaction system, in its unique and individual complexity
2. To differentiate the principles of health communication and the therapeutic relationship
3. To identify/ Interpret communication patterns and interactions in the relationship with the person and family
4. To analyze/ Communicational principles and interactions within intra and multidisciplinary teamwork
5. To recognize the therapeutic relationship and the communication principles as fundamental tools for intra and multidisciplinary teamwork and for intervention with the person and the family;
6. To recognize the potential of health information systems and taxonomy in family health nursing
7. To apply taxonomy in family health nursing
8. To empower for communication/relationship with social structures, means of information / communication, within the scope of promoting family health

### Prerequisites

Before the course unit the learner is expected to be able to:  
Not applicable

### Course contents

Systemic communication; The family as a system Communication in health; Communication and therapeutic relationship with the family; Communication between teams and referencing Health / Nursing Information Systems (including digital information technologies) and EC AESF taxonomy; Promotion of family health nursing through information systems and networks

### Course contents (extended version)

1. Systemic communication
2. The family as a system Communication in health
3. Communication and therapeutic relationship with the family
4. Communication between teams and referencing
5. Health/Nursing Information Systems (including digital information technologies) and EC AESF taxonomy
6. Promotion of family health nursing through information systems and networks

### Recommended reading

1. Conselho Internacional de Enfermeiros. (2016). Classificação internacional para a prática de enfermagem. Lisboa: Ordem dos Enfermeiros
2. Phaneuf, M. (2005). Comunicação, entrevista, relação de ajuda e validação. Loures: Lusociência
3. Sequeira, C. (2016) Comunicação clínica e relação de ajuda. Lisboa: Lidel
4. Riley, J. B. (2004). Comunicação em enfermagem. Lusociência: Lisboa

### Teaching and learning methods

Integration of sustained dynamics in stimulating analysis and permanent and systematic reflection. Development of themes based on clinical experiences, ideas and critical reasoning that allow a clinical praxis with more relational and communication skills.

### Assessment methods

1. Alternative I - (Regular, Student Worker) (Final)
  - Development Topics - 60% (Development of written group work with presentation and discussion in class)
  - Work Discussion - 40%
2. Alternative II - (Regular, Student Worker) (Supplementary, Special)
  - Final Written Exam - 100%

### Language of instruction

Portuguese, with additional English support for foreign students.

### Electronic validation

Ana Sofia Coelho de Carvalho	Adília Maria Pires da Silva Fernandes	Ana Maria Nunes Português Galvão	Olívia Rodrigues Pereira
17-05-2024	21-05-2024	21-05-2024	11-06-2024