

Course Unit	Estágio II - Project Work II		Field of study	Nursing	
Master in	Medical-Surgical Nursing caring for the person in critical stage		School	School of Health	
Academic Year	2023/2024	Year of study	2	Level	2-2
Type	Semestral	Semester	1	ECTS credits	30.0
Code	5064-762-2101-03-23				
Workload (hours)	810	Contact hours	T -	TP -	PL -
			TC -	S 10	E -
			OT 190	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Augusta Romão da Veiga Branco, Matilde Delmina da Silva Martins

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Demonstrate the heutagogical process, the development of autonomous learning skills, at the research and communication level.
2. Prove the ability to investigate, formulate and solve problems, applied to the contexts of expression of nursing skills.
3. Apply Action Research from different perspectives: technique, practice and critical or emancipatory.
4. Apply the components or phases of Action Research: Planning, Reflection and Action.
5. Adapt the Action Research methodology in Nursing praxis – from the construction of the context diagnosis to intervention strategies.
6. Submit a Project Work Report. the written and oral expression, in a concise way.
7. Discuss the Project Work in Action Research, in the context of specific and/or autonomous competences of the specialist in medical-surgical nursing.

### Prerequisites

Before the course unit the learner is expected to be able to:  
Not applicable

### Course contents

The heutagogical process: developing autonomous learning skills in research/communication. Scientific literature on research methodology. To scrutinize, formulate and solve problems in contexts of competences of specialists in medical-surgical nursing (CME). Concise written and oral expression in the Project/Project Work (PW). Action-research: perspectives, components and adequacy in nursing practice, discussion and publication. Skills to create a Project.

### Course contents (extended version)

1. The heutagogical process - autonomous learning development skills in research and communication
2. Formulate/solve problems, in competences of med-surgical nursing specialist contexts/ expressing
3. Action-Research - different perspectives: technique, practice and critical or emancipatory
4. Action Research – components or phases: Planning, Reflection and Action.
5. Action Research methodology in Nursing praxis – from the diagnosis to the intervention strategies
6. The Written Project Work Report - concise written and oral expression.
7. Action Research Project Discussion in specific and/or in medical-surgical autonomous competences

### Recommended reading

1. Batista, D. M. & Leite, W. B. (2023). Síndrome de Burnout e sua relação com a qualidade de trabalho do profissional de enfermagem: Revisão de literatura. R. JRGEA, 6(12)
2. Coutinho, C. P. (2022). Metodologia de Investigação em Ciências Sociais e Humanas: Teoria e Prática. 2ª Edição. Almedina.
3. Pinto, ND; Alves, V; Veiga-Branco, MAR (2023). Perfil de stress dos enfermeiros de urgência/emergência em contexto covid-19 determinantes profissionais. Millenium: Journal of Education, Tech, Health.
4. Ribeiro, J. L. P. (2018). Metodologia de Investigação em Psicologia e Saúde. 2ª Edição. Legis Editora
5. Vilelas, J. (2020). Investigação. O Processo de Construção do Conhecimento. 3ª Edição. Edições Sílabo

### Teaching and learning methods

- Scientific Orientations (SO)
- PWR individual, under Scientific Advisor (SA) supervision, defended in public exam, with SA and Arguer.
- Tutorial monitoring (TM), face-to-face, in synchronous and asynchronous meetings, in e-learning and b-learning.
- Seminars - presentation sessions, to students with other PWR.

### Assessment methods

- Research Project - (Regular, Student Worker) (Final, Supplementary, Special)
  - Reports and Guides - 75% (Written document that describes the phases of the Research Project to be developed and carried out)
  - Work Discussion - 25% (Presentation and Discussion)

### Language of instruction

Portuguese, with additional English support for foreign students.

### Electronic validation

Maria Augusta Romão da Veiga Branco	Eugénia Maria Garcia Jorge Anes	Hélder Jaime Fernandes	Adília Maria Pires da Silva Fernandes
17-05-2024	19-05-2024	20-05-2024	21-05-2024