

Course Unit	Option I - Project Work I		Field of study	Nursing	
Master in	Medical-Surgical Nursing caring for the person in critical stage		School	School of Health	
Academic Year	2023/2024	Year of study	1	Level	2-1
Type	Semestral	Semester	2	Code	5064-762-1202-03-23
Workload (hours)	405	Contact hours	T -	TP -	PL -
			TC -	S 10	E -
			OT 90	O -	

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Augusta Romão da Veiga Branco

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Recognize the heutagogical process, as the development of autonomous learning skills, at the level of research and communication, through e-learning and b-learning method.
2. Develop skills to research, select and analyze scientific literature, related to the Action-Research methodology.
3. Develop the ability to scrutinize, formulate and solve problems, applied to the contexts of expressing the competences of the specialist in medical-surgical nursing.
4. Recognize Action Research from different perspectives: technique, practice and critical or emancipatory.
5. Recognize the components or phases of Action Research: Planning, Reflection and Action.
6. Analyze the adequacy of the Action Research methodology in Nursing praxis – from the construction of the context diagnosis to intervention strategies.
7. Develop the skills to create a practical application Project Work (PW).

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable

Course contents

The heutagogic process: developing autonomous learning skills in research/communication. Scientific literature on research methodology. To scrutinize, formulate and solve problems in contexts of competences of specialists in medical-surgical nursing (CME). Concise written and oral expression in the Project/Project Work (PW). Action-research: perspectives, components and adequacy in nursing practice, discussion and publication. Skills to create a Project.

Course contents (extended version)

1. The heutagogical process: develop autonomous learning development, in research/ communication level.
2. Scientific Literature, related to the Action Research methodology; research, selection and analysis.
3. Scrutinize, formulate and solve problems, in specialist Med-Surgical Nursing competences contexts.
4. The written and oral expression, concisely in the Project/ Project Work Report (PWR).
5. Action-Research - different perspectives: technique, practice and critical or emancipatory
6. Action Research – components or phases: Planning, Reflection and Action.
7. Action Research methodology in Nursing praxis: from context diagnosis to intervention strategies.
8. Discussion of cases Research-action - publications in nursing, selected for analysis.
9. The skills to create a practical application Project.

Recommended reading

1. Batista, D. M. & Leite, W. B. (2023). Síndrome de Burnout e sua relação com a qualidade de trabalho do profissional de enfermagem: Revisão de literatura. R. JRGEA, 6(12)
2. Coutinho, C. P. (2022). Metodologia de Investigação em Ciências Sociais e Humanas: Teoria e Prática. 2ª Edição. Almedina.
3. Pinto, ND; Alves, V; Veiga-Branco, MAR (2023). Perfil de stress dos enfermeiros de urgência/emergência em contexto covid-19 determinantes profissionais. Millenium. Journal of Education, Tech, Health
4. Ribeiro, J. L. P. (2018). Metodologia de Investigação em Psicologia e Saúde. 2ª Edição. Legis Editora
5. Vilelas, J. (2020). Investigação. O Processo de Construção do Conhecimento. 3ª Edição. Edições Sílabo

Teaching and learning methods

- Scientific Orientations (SO) - PWR individual, under Scientific Advisor (SA) supervision, defended in public exam, with SA and Arguer. - Tutorial monitoring (TM), face-to-face, in synchronous and asynchronous meetings, in e-learning and b-learning. - Seminars - presentation sessions, to students with other PWR. Project Work Report (100.0%) Research Report - 75% Presentation and Defense - 25%

Assessment methods

- Evaluation of Research Project - (Regular, Student Worker) (Final, Supplementary, Special)
- Reports and Guides - 100% (Written document that describes the phases of the Research Project to be developed and carried out)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Maria Augusta Romão da Veiga Branco	Matilde Delmina da Silva Martins	Hélder Jaime Fernandes	Adília Maria Pires da Silva Fernandes
16-05-2024	24-05-2024	24-05-2024	31-05-2024