

Course Unit	Paediatric Palliative Care	Field of study	Health Sciences
	Postgraduate in Palliative Care	School	School of Health
Academic Year	2023/2024	Year of study	1
Type	Semestral	Semester	1
		Level	
		ECTS credits	6.0
		Code	5037-794-1104-00-23
Workload (hours)	162	Contact hours	T - , TP 40 , PL - , TC - , S 10 , E - , OT 10 , O -

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria José Almendra Rodrigues Gomes, Cândida Sofia Fernandes Cancelinha, Emília Maria da Silva Fradique

### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Know and understand the basic principles of different symptoms and provide relief to child and families, contributing to a better quality of life.
2. Assess the child and family with uncontrolled symptoms and propose strategies and interventions to resolve the problems.
3. Demonstrate skills in implementing a care plan to the Child / family with chronic illness, advanced and progressive, always in collaboration with the interdisciplinary team.

### Prerequisites

Before the course unit the learner is expected to be able to:  
no prerequisites

### Course contents

Principles and specificities of Pediatric Palliative Care; Organization and articulation of services; Communication in Pediatric Palliative Care; Aspects of Child and Adolescent Development; Grief Support; Control of general symptoms; Control of Respiratory, Gastrointestinal I, Neurological, Psychiatric, Dermatological and Systemic Symptoms; Social intervention and the role of the school; Peri- and neonatal palliative care; End-of-life care; Supports the Family;

### Course contents (extended version)

1. Principles and specificities of Pediatric Palliative Care
  - Organization and articulation of services
  - Communication in Pediatric Palliative Care
  - Peri- and neonatal palliative care
2. Aspects of Child and Adolescent Development
3. Oncology Pain Management Basic principles of drug treatment of cancer pain. Opioids
4. Analgesics Drugs Concept multimodal analgesia / balanced Intervention strategies for pain
5. Control of Respiratory Symptoms: Control of Gastrointestinal Symptoms
  - Dyspnoea • Cough • Rales • Hiccups
  - Xerostomia ;Mucositis ;Nausea and vomiting; Dysphagia ;Anorexia - Cachexia ;Constipation
6. Control of Symptoms and dermatological Systemic symptoms
  - Asthenia; Itching and sweating
7. Urgency in Pediatric Palliative Care
8. Care in Agony / Hipodermoclise
  - Supports the Family;
9. Sedation in Palliative Care
10. Information management in palliative care
11. Social intervention and the role of the school

### Recommended reading

1. Oliveira, G.; Albuquerque, M.E. (2022) - Cuidados Paliativos Perineonatais. O essencial. Rei dos Livros
2. Salazar, H. , Duarte, J. (2017). A comunicação em Cuidados Paliativos: Uma estratégia fundamental. In H. Salazar (Coord). Intervenção Psicológica em Cuidados Paliativos (pp. 1-46). Pactor
3. Abejas, A. G. , Duarte, C. (2021). Humanização em Cuidados Paliativos. Lisboa: Lidel.
4. Integrating palliative care and symptom relief into paediatrics: a WHO guide for health care planners, implementers and managers.(2018) Geneva: World Health Organization
5. da Silva, L.J.; Ferrão, M.J.; Brites, M. (2022) - Cuidados Paliativos Pediátricos. By the Book.

### Teaching and learning methods

Theoretical-practical online classes with exposition of the themes. Presentation of practical cases for analysis, reflection and discussion. Analysis and reflection of scientific articles. Practical application of skills through dynamics

### Assessment methods

- Written exam - (Regular, Student Worker) (Final, Supplementary, Special)
  - Intermediate Written Test - 70%
  - Development Topics - 30%

### Language of instruction

Portuguese

### Electronic validation

Maria José Almendra Rodrigues Gomes	Ana Maria Nunes Português Galvão	Carina de Fatima Rodrigues	Adília Maria Pires da Silva Fernandes
18-01-2024	18-01-2024	19-01-2024	21-01-2024