

Course Unit	Option 2 - null	Field of study	Nursing
Master in	Nursing in Rehabilitation	School	School of Health
Academic Year	2023/2024	Year of study	2
Type	Semestral	Semester	1
Workload (hours)	810	Contact hours	T - TP - PL - TC - S - E 622 OT 200 O -
		Level	2-2
		Code	1208-746-2101-02-23
		ECTS credits	30.0

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Eugénia Rodrigues Mendes, Andre Filipe Morais Pinto Novo, Leonel São Romão Preto, Maria José Almendra Rodrigues Gomes

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Develop specific Rehabilitation Nursing skills in caring for people with vascular, degenerative and traumatic neurological pathologies;
2. Develop specific skills of Rehabilitation Nursing in caring for people with orthopedic, rheumatological and trauma pathologies;
3. Develop specific skills of Rehabilitation Nursing in caring for the person/family/group in the home and community context;
4. Implement Rehabilitation Nursing care plans, in different contexts, based on the person's assessment, diagnosis;
5. Identify needs, design and implement rehabilitation nursing care plans with the aim of promoting health, preventing injuries or maximizing function;
6. Develop dexterity and mastery in the execution of manual and instrumental therapeutic techniques in Rehabilitation Nursing;
7. Prepare and discuss the internship report.

#### Prerequisites

Not applicable

#### Course contents

Needs identification, design and implementation of ER care plans with the aim of promoting health, preventing injuries or maximizing function. Development of the research project, application of the defined methodology. Elaboration and discussion of the internship report.

#### Course contents (extended version)

1. Mobilization of knowledge from the ER II course
2. Application of methods and instruments for assessing neurological and musculoskeletal functions;
3. Execution of manual and instrumental therapeutic techniques in ER
4. Implementation of ER plans, in different contexts.
5. Design and implementation of ER care plans with the aim of maximizing function.
6. Development of the research project, application of the defined methodology
7. Elaboration and discussion of the internship report.

#### Recommended reading

1. Ribeiro, J. (2010). Metodologia de Investigação em psicologia e saúde. Livpsic
2. Vilelas, J. (2017). Investigação. O processo de construção do conhecimento. Sílabo
3. Vieira, C. ; Sousa, L. (2017). Cuidados de enfermagem de reabilitação à pessoa ao longo da vida. Lusodidacta
4. Coutinho, P. (2013). Metodologia de investigação em ciências sociais e humanas: teoria e prática. Almedina

#### Teaching and learning methods

Clinical Practice with tutorial guidance from a nurse specialist in Rehabilitation Nursing. Internship Report tutorial sessions with investigation.

#### Assessment methods

- Clinical practice-50%. Report-50% - (Regular, Student Worker) (Final)

#### Language of instruction

Portuguese

#### Electronic validation

Maria Eugénia Rodrigues Mendes	Manuel Alberto Morais Brás	Hélder Jaime Fernandes	Adília Maria Pires da Silva Fernandes
07-12-2023	15-01-2024	15-01-2024	15-01-2024