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|------------------|--------------------------------------|---------------|----------------|-----------------------------------|------|
| Name             | Volunteering Initiative (internship) |               | Field of study | -                                 |      |
| Classification   | Extracurricular Course/Project       |               | School         | Polytechnic Institute of Bragança |      |
| Academic Year    | 2021/2022                            | Year of study | -              | Level                             | -    |
| Type             | Semestral                            | Semester      | 2              | ECTS credits                      | 3.0  |
| Code             | 9999-940-1023-00-21                  |               |                |                                   |      |
| Workload (hours) | 81                                   | Contact hours | T -            | TP -                              | PL - |
|                  |                                      |               | TC -           | S -                               | E -  |
|                  |                                      |               | OT -           | O -                               |      |

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Anabela Rodrigues Lourenço Martins, Dina Conceição Jerónimo Rodrigues Macias, Fernando Antonio Calado Rodrigues, Maria Augusta Pereira da Mata, Vera Alexandra Ferro Lebres

#### Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. Understand the dynamics of the host institution regarding its organizational structure and its attitude towards the social responses
2. Identify the resources and the intervention needs
3. Apprehend several intervention techniques which might generate personal and social activities for the users/clients of the institutions
4. Promote education towards volunteerism and for the awareness regarding solidarity and active citizenship
5. Stimulate the implementation of intervention plans or programmes through volunteers
6. Create a source of knowledge and exchange of experiences, so that the student can acquire complementary skills to his/her academic formation
7. To develop generic skills

#### Prerequisites

Not applicable

#### Course contents

Participation in a multi-functional team; identification of intervention needs; organization and execution of social and educational actions

#### Course contents (extended version)

1. Participation in a multi-functional team
2. Participation, planning, implementation of social, cultural, recreational, occupational activities
3. Identification of needs and implementation of volunteer actions throughout the internship
4. Create and use resources through practice or learning of theoretical and practical knowledge
5. Building of new skills aiming at personal, educational and professional development
6. knowledge source and exchange of experiences, acquiring complementary skills
7. Development of generic skills

#### Recommended reading

#### Teaching and learning methods

Social and educational intervention: Observation, Debate, Critical reflection. At the end of the internship, each group of students/institution must develop an oral presentation with powerpoint, in which the characterization of the institution must be described as well as a description of the developed activities. Positive, negative aspects and proposals for improvement must also be highlighted.

#### Assessment methods

- Continuous evaluation - (Regular, Student Worker) (Final, Supplementary, Special)
- Reports and Guides - 100% (Final written report)

#### Language of instruction

Portuguese, with additional English support for foreign students.

#### Electronic validation

Anabela Rodrigues Lourenço Martins, Dina Conceição Jerónimo Rodrigues Macias, Fernando Antonio Calado Rodrigues, Maria Augusta Pereira da Mata, Vera Alexandra Ferro Lebres

Vera Alexandra Ferro Lebres

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